Henrys The Quad

Monday 21st January 2019

Soup	Gutaniries	Suba Si Jo Signa arian	Tomato & Basil
Main			Mince Beef & Onion Pie
Pot Meal	Gutan Free		Spanish Chicken
Vegetarian		Suba Si Jo Supra minara	Cherry Tomato & Spinach Pasta
Hot Pudding			Orange & Sultana Sponge Pudding
Panini			Chicken Fajita

Soup	Guta me	Contradity for Capterson for	Tomato & Basil
Panini			Chicken fajita
Pot Meal	(Jutor Ins		Spanish Chicken
Pot Meal		Salvador Jo Salvador Jo	Cherry Tomato & Spinach Pasta

Tuesday 22nd January 2019

Soup		Signato / Cr Signato / Cr	Pea & Mint
Main			Moroccan Tuna & Vegetable Bake
Pot Meal	Gutanifree		Pork & Mix Bean Chilli
Vegetarian		Countries (Countries Countries Count	Vegetable Parcels
Hot Pudding			Rice Pudding
Panini			Tuna Melt

Soup	Solvatili, for Carriers	Pea & Mint
Panini		Tuna Melt
Pot Meal	23 Fro	Pork & Mix Bean Chilli
Pot Meal	Schadily for Signature	Vegetable Parcels

Wednesday 23rd January 2019

Soup	Gutanifes	SubaSi (G Coppedate	Celery & Apple
Main			Roast Turkey
Pot Meal			Ham Carbonara
Vegetarian	Gastanifrin	Switz Sid (or Sugar and ass	Flat Mushrooms
Hot Pudding			Apple Crumble
Panini			Sweet Chilli Chicken

Soup	Celery & Apple
Panini	Sweet Chilli Chicken
Pot Meal	Ham Carbonara
Pot Meal	Flat Mushrooms

Thursday 24th January 2019

Soup	Outen/re-	Chanada A	Butternut squash
Main	Gutsinizee		Chicken & Chorizo Rice
Pot Meal	Gutsinirite		Pork Stir-fry with Ginger & Honey
Vegetarian		Status Gir (of Congress of the American	Ricotta Cheese & Tomato Cannelloni
Hot Pudding			Bakewell Tart
Panini			Pepperoni

Soup	(Was Inc.	Character for Specimens	Butternut Squash
Panini			Pepperoni
Pot Meal	Gursal free		Pork Stir-fry with Ginger & Honey
Pot Meal		Southeaster for Shapeters and an artist and an artist and artist artist and artist and artist and artist artist and artist artist and artist and artist artist and artist artist and artist ar	Ricotta Cheese & Tomato Cannelloni

Friday 25th January 2019

Soup	Gartani Paro	Subadio for Caprindate	Vegetable Goulash Soup
Main			Chicken Lasagne
Pot Meal	Gutsnivee		Beef Curry Biryani
Vegetarian	Guisairee	Sinha Si Jo Cograndan	Cauliflower & Potato Curry
Hot Pudding			Rhubarb & Ginger Pie
Panini			Pepperoni

Soup	Clutter into	Suit silie for Signs orders	Vegetable Goulash Soup
Panini			Pepperoni
Pot Meal	Gutter free		Beef Curry Dopiaza
Pot Meal	(Julya free	Subadia (o Significant	Cauliflower & Potato Curry



Suitable for Vegetarians



Gluten Free Choice