| Mon |  | Dietary | Allergens | May Contain |
| :--- | :--- | :--- | :--- | :--- |
| Soup | Tomato | V, VE, GF |  |  |
| Main | Vegetarian Toad in the Hole |  | D, G |  |
| Pot Meal | Cauliflower \& Broccoli Mornay | V, GF | D, G, MU |  |
| Vegetarian | Quorn \& Vegetable Chilli | V | E |  |
| Pudding | Pudding of the Day |  | D, G |  |
| Pizzini | Cheese \& Tomato or Spicy Chicken | V | D, G |  |


| Tue |  | Dietary | Allergens | May Contain |
| :--- | :--- | :--- | :--- | :--- |
| Soup | Carrot and Coriander | V, VE, GF |  |  |
| Main | Salmon \& Broccoli Pasta |  | D, G, F |  |
| Pot Meal | Beef Chow Mein |  | E, G, S, SE |  |
| Vegetarian | Vegetable Biryani | V, GF |  |  |
| Pudding | Pudding of the Day |  | G |  |
| Panini | Pepperoni or Cheese \& Tomato |  | D, G |  |


| Wed |  | Dietary | Allergens | May Contain |
| :--- | :--- | :--- | :--- | :--- |
| Soup | Thai Sweet Potato | V, VE, GF |  |  |
| Main | Roast Chicken | GF |  |  |
| Pot Meal | Beef Lasagne |  | D, G, MU |  |
| Vegetarian | Vegetable Pie topped with filo pastry |  | D, G, MU |  |
| Pudding | Pudding of the Day |  | D, E, F |  |
| Panini | Cornish Pasty or Cheese \& Tomato |  | D, G |  |


| Thu |  | Dietary | Allergens | May Contain |
| :--- | :--- | :--- | :--- | :--- |
| Soup | Celeriac and Apple | V, VE, GF |  |  |
| Main | Meat \& Potato Pie |  | G, E |  |
| Pot Meal | Sweet Chilli Chicken with Pasta |  | G |  |
| Vegetarian | Creamy Garlic Mushroom with Steamed Rice | V, GF | D, G |  |
| Pudding | Pudding of the Day |  | D |  |
| Panini | Chicken \& Pesto or Cheese \& Tomato | V | D, G |  |


| Friday |  | Dietary | Allergens | May Contain |
| :--- | :--- | :--- | :--- | :--- |
| Soup | Vegetable | V, VE, GF |  |  |
| Main | Fish and Chips |  | G, F |  |
| Pot Meal | Chilli Con Carne | GF |  |  |
| Vegetarian | Vegetable Cannelloni with Ricotta Cheese | V | D, G |  |
| Pudding | Pudding of the Day | V | G, E |  |
| Pizzini | Cheese \& Tomato or Spicy Chicken |  | D, G |  |

## Dietary \& Allergen Information

Suitable for V: Vegetarian VE: Vegan GF: Gluten Free

## Allergen Information Key:

RED: Contains
Amber: May Contain

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish
P: Peanuts / G: Gluten / L: Lupin / N: Nuts / MO: Molluscs
MU: Mustard / S: Soya / SD: Sulphur dioxide / SE: Sesame Seeds

