

Meat Free Monday

Carrot & Orange Soup V, GF, DF, V
Vegetable Quesadilla V
Vegetable Fried Rice Pot Meal V, GF, DF, V
Courgette & Sweet Potato Curry V, GF, DF, V
Ginger Sponge Pudding
Cheese & Tomato Panini V

Tuesday

Thai Sweet Potato Soup V,GF,DF, V
Sweet Chilli Seafood Pasta DF
Beef Chow Mein Pot Meal
Vegetarian Toad In The Hole DF
Chocolate Sponge Pudding
Cheese & Ham Panini

Wednesday

Tomato Soup V,GF,DF, V
Roast Chicken GF,DF
Pasta Bolognese Pot Meal DF
Tomato, Goats Cheese & Basil Tart
Ginger Sponge Pudding
Spicy Chicken or Cheese & Tomato Panini

Thursday

Leek & Potato Soup V,GF,DF,V
Pork Loin steak with Peppercorn Sauce GF
Chinese Chicken with Egg Noodles Pot Meal
Aubergine and Vegetable Bake V, GF
Rice Pudding
Pepperoni Panini V

Friday

Vegetable Soup V,GF,DF, V
Beef Burgers and Wedges
Chicken Nachos GF
Cheese & Cherry Tomato Pasta V
Sweet Chilli Chicken with Egg Noodles Pot Meal DF
Rhubarb Crumble
Pepperoni Panini
Cheese/Beans Jacket Potato V,GF

Allergens: V Vegetarian; GF Gluten Free; DF Dairy Free; V Vegan

Breakfast/Morning Break

Bacon Sandwich; Cheese & Bacon Roll; Bacon; Toast/Fruit Teacake (V);
Hash Brown (V); Crusty Bread Roll (V);
Seasonal Fresh Fruit Salad (V,GF,DF,V); Fresh Fruit (V,GF,DF,V)

Lunch Cold Items

Sandwich; Salads with Protein Items (GF);
Seasonal Fresh Fruit Salad (V,GF,DF,V); Fresh Fruit (V,GF,DF,V);
Cakes; Biscuits/Cookies; Jelly/Mousse

Breakfast/Morning Break

Bacon Sandwich; Cheese & Bacon Roll; Cheese & Tomato Roll (V); Bacon;
Toast/Fruit Teacake (V);

Lunch

Panini; Cold Dessert; Small/Large Drinks

