

Meat Free Monday July 4th

Cauliflower & Thyme Soup V, GF, DF, **V**

Vegetable Shepherd's Pie

Macaroni Cheese Pasta Pot meal

Spinach and Courgette Pasta

Sultana Sponge Pudding

Cheese & Tomato Pazzini V

Cheese/Beans Jacket Potato V, GF

Tuesday

Carrot & Coriander Soup V, GF, DF, **V**

Thai Green Chicken Curry

Beef Chow Mein Pot meal

Vegetable Stir Fry

Coffee & Date Sponge Pudding

Cheese & Ham Panini

Cheese/Beans Jacket Potato V, GF

Wednesday

Mix Bean and Chilli Soup V, GF, DF, **V**

Roast Chicken

Chilli Con Carne Pot Meal

Root Vegetable Dauphinoise

Orange & Lemon Sponge Pudding

Pepperoni Panini

Cheese/Beans Jacket Potato V, GF

Thursday

Tomato Soup V, GF, DF, **V**

Cottage Pie

Chicken & Pepperoni Savoury Rice Pot Meal

Chickpea & Spinach Curry

Rhubarb Crumble

Cheese/Beans Jacket Potato V, GF

Friday

Vegetable Soup V,GF,DF, **V**

Fish Fingers

Chicken Burritos GF

Vegetable Burritos V

Treacle Sponge Pudding

Pepperoni Panini

Cheese/Beans Jacket Potato V,GF

Allergens: V Vegetarian; GF Gluten Free; DF Dairy Free; **V** Vegan

Breakfast/Morning Break

Bacon Sandwich; Cheese & Bacon Roll; Bacon; Toast/Fruit Teacake (V);

Hash Brown (V); Crusty Bread Roll (V);

Seasonal Fresh Fruit Salad (V,GF,DF,**V**); Fresh Fruit (V,GF,DF,**V**)

Lunch Cold Items

Sandwich; Salads with Protein Items (GF);

Seasonal Fresh Fruit Salad (V,GF,DF,**V**); Fresh Fruit (V,GF,DF,**V**);

Cakes; Biscuits/Cookies; Jelly/Mousse

Breakfast/Morning Break

Bacon Sandwich; Cheese & Bacon Roll; Cheese & Tomato Roll (V); Bacon;

Toast/Fruit Teacake (V);

Lunch

Panini; Cold Dessert; Small/Large Drinks

HENRY'S

Diner

