Monday 18th November 2019

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Lunch Hot Food	Dish		Price
Soup of The Day	Broccoli with Chilli & Garlic		£1.10
Main	Chicken Korma		£2.20
Pot Meal	Beef & Vegetable Ragu with Pasta		£1.90
Vegetarian	Vegetable Cottage Pie		£2.20
Pudding	Rice Pudding		£0.80
Panini	Reggae Reggae Chicken		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

Tuesday 19th November 2019

			
Lunch Hot Food	Dish		Price
Soup of The Day	Spicy Mexican Bean	V, GF, DF	£1.10
Main	Tuna & Lemon Pasta		£2.20
Pot Meal	Keema Curry & Rice	GF,DF	£1.90
Vegetarian	Tomato & Basil Quiche		£2.20
Pudding	Apple Crumble		£0.80
Panini	Chicken & Bacon		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

Wednesday 20th November 2019

Lunch Hot Food	Dish		Price
Soup of The Day	Roast Cauliflower, Cumin and Coconut milk	V, GF	£1.10
Main	Roast Beef	GF,DF	£2.20
Pot Meal	Sweet Chilli Pork & Bean with Egg Noodles		£1.90
Vegetarian	Stuffed Jacket Potatoes	GF, V	£2.20
Pudding	Peach & Apricot Sponge Pudding		£0.80
Panini	Pepperoni		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

Thursday21st November 2019

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Dish		Price
Borsch (beetroot soup)	V, GF,DF	£1.10
Lasagne		£2.20
Teriyaki Chicken & Rice	GF	£1.90
an Cauliflower & Broccoli Mornay		£2.20
Sticky Banana Pudding		£0.80
Pepperoni		£2.00
Plain Jacket Potato	V, GF, DF	£1.10
Cheese / Beans	V, GF	£2.20
	Borsch (beetroot soup) Lasagne Teriyaki Chicken & Rice Cauliflower & Broccoli Mornay Sticky Banana Pudding Pepperoni Plain Jacket Potato	Dish Borsch (beetroot soup) Lasagne Teriyaki Chicken & Rice Cauliflower & Broccoli Mornay Sticky Banana Pudding Pepperoni Plain Jacket Potato V, GF, DF

Friday 22nd November 2019

Lunch Hot Food	Dish		Price
Soup of The Day	Training Day		£1.10
Main			£2.20
Meal			£1.90
Vegetarian			£2.20
Pudding			£0.80
Panini			£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

Allergen information

V Suitable for Vegetarians

GF Gluten Free Choice

DF Dairy Free Choice

Breakfast / Morning Break		Price
Bacon Sandwich		£1.50
Cheese & Bacon Roll		£0.80
Bacon		£0.45
Toast / Fruit T cake	V	£0.30
Hash Brown	V	£0.20
Crusty Bread Roll	V	£0.50
Seasonal Fresh Fruit Salad	V, GF, DF	£0.90
Fresh Fruit	V, GF, DF	£0.50

Lunch Break Cold Items		Price
Salads	V, GF, DF	£1.50
Salads with Protein items	GF	£2.20
Seasonal Fresh Fruit Salad	V, GF, DF	£0.90
Fresh Fruit		£0.50
Cakes		£0.80
Biscuits / Cookies		£0.80
Jelly		£0.80
Mousse		£0.80