





Henrys

Monday 16th September 2019

Soup	Thai Sweet Potato  
Main	Beef Stir-fry DF
Pot Meal	Pasta Carbonara
Vegetarian	Vegetable Stew   DF
Hot Pudding	Sultana Sponge Pudding
Panini	Chicken Mayonnaise





Tuesday 17th September 2019

Soup	Tomato  
Main	Cottage Pie
Pot Meal	Chicken Chow Mein
Vegetarian	Sweet Chilli Vegetable Stir-fry   DF
Hot Pudding	Rice Pudding
Panini	Cheese & Ham





Wednesday 18th September 2019

Soup	Leek & Potato  
Main	Roast Turkey  DF
Pot Meal	Pasta Bolognese
Vegetarian	Sweet Potato & Chick Pea Korma  
Hot Pudding	Ginger Sponge Pudding
Panini	Sweet Chilli Chicken

Thursday 19th September 2019



Soup	Carrot & Coriander  
Main	Meat & Potato Pie
Pot Meal	Sweet Chilli Chicken with Egg Noodles DF
Vegetarian	Roasted Butternut Squash and Fresh Sage Rice  
Hot Pudding	Banana Cake Pudding
Panini	Pepperoni





Friday 20th September 2019

Soup	Vegetable  
Main	Gammon  DF
Main	Jumbo Sausage DF
Vegetarian	Red Pepper & Cherry Tomato Pasta Bake 
Hot Pudding	Rhubarb Crumble
Panini	Pepperoni





 Suitable for Vegetarians **DF** Dairy Free
 Gluten Free Choice



The Quad

Soup	Thai Sweet Potato  
Panini	Chicken Mayonnaise
Pot Meal	Pasta Carbonara
Pot Meal	Vegetable Stew   DF

Soup	Tomato  
Panini	Cheese & Ham
Pot Meal	Chicken Chow Mein
Pot Meal	Sweet Chilli Vegetable Stir-fry   DF

Soup	Leek & Potato  
Panini	Sweet Chilli Chicken
Pot Meal	Pasta Bolognese
Pot Meal	Sweet Potato & Chick Pea Korma  

Soup	Carrot & Orange  
Panini	Pepperoni
Pot Meal	Sweet Chilli Chicken with Egg Noodles DF
Pot Meal	Roasted Butternut Squash and Fresh Sage Rice  

Soup	Vegetable  
Panini	Pepperoni
Pot Meal	Jumbo Sausage DF
Pot Meal	Red Pepper & Cherry Tomato Pasta Bake 