






## Henrys




Monday 20<sup>th</sup> May 2019

52

Soup	 	Leek & Potato
Main		Beef & Spinach Curry
Pot Meal		Chicken & Pasta with Tomato & Basil
Vegetarian	 	Sweet Potato & Roast Pepper Ragu
Hot Pudding		Mixed Fruit Crumble
Panini		Chicken & Sweet Peppers





Tuesday 21<sup>st</sup> May 2019

139

Soup	 	Tomato & Basil
Main		Thai Seafood Curry
Pot Meal		Chicken & Bacon Macaroni
Vegetarian		Vegetable Lasagne
Hot Pudding		Chocolate Sponge Pudding
Panini		Mediterranean Chicken





Wednesday 22<sup>nd</sup> May 2019

249

Soup	 	Chunky Vegetable & Pearl Barley
Main		Roast Pork
Pot Meal		Chicken Chow Mein
Vegetarian	 	Vegetable Egg Fried Rice with Sweet & Sour Sauce
Hot Pudding		Rice Pudding
Panini		Sweet Chilli Sausage






Thursday 23<sup>rd</sup> May 2019

32




Soup	 	Courgette, Pea & Mint
Main		Pork Escalope
Pot Meal		Sweet Chilli Beef
Vegetarian		Roast Vegetable & Mixed Bean Quesadilla's
Hot Pudding		Banana & Date Pudding
Panini		Cheese & Ham




Friday 24<sup>th</sup> May 2019





36

Soup	 	Vegetable
Main		Fish & Chips
Pot Meal		Turkey, Bacon and Mozzarella Burgers
Vegetarian	 	Stuffed Jacket Potatoes
Hot Pudding		Orange Sponge
Panini		Pepperoni






## The Quad

Soup	 	Leek & Potato
Panini		Chicken & Sweet Peppers
Meal		Chicken & Pasta with Tomato & Basil
Meal		Sweet Potato & Roast Pepper Ragu

Soup	 	Tomato & Basil
Panini		
Meal		Chicken & Bacon Macaroni
Meal		Vegetable Lasagne

Soup	 	Chunky Vegetable & Pearl Barley
Panini		Sweet Chilli Sausage
Meal		Chicken Chow Mein
Meal	 	Vegetable Egg Fried Rice with Sweet & Sour Sauce

Soup	 	Courgette, Pea & Mint
Panini		Cheese & Ham
Meal		Sweet Chilli Beef Nachos
Meal		Roast Vegetable & Mixed Bean Quesadilla's

Soup	 	Thai Style Vegetable
Panini		Pepperoni
Meal		Turkey, Bacon and Mozzarella Burgers
Meal	 	Roast Stuffed Peppers



Suitable for Vegetarians



Gluten Free Choice