### Monday 20<sup>th</sup> January 2020

Monday 20 Sandary 2020			
Lunch Hot Food	Dish		Price
Soup of The Day	Mushroom	V, GF, DF	£1.10
Main	Chilli Beef Nacho's		£2.20
Pot Meal	Chicken & Pepperoni Pasta	DF	£1.90
Vegetarian	Thai Green Vegetable Curry	V, GF,	£2.20
Pudding	Treacle Sponge Pudding		£0.80
Panini	Reggae Reggae Chicken		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

## Tuesday 21<sup>st</sup> January 2020

Lunch Hot Food	Dish		Price
Soup of The Day	Tomato & Basil	V, GF, DF	£1.10
Main	Fish Pie	GF	£2.20
Pot Meal	Chicken Korma	GF	£1.90
Vegetarian	Vegetable Lasagne		£2.20
Pudding	Chocolate and Orange Sponge Pudding		£0.80
Panini	Chicken & Bacon		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

### Friday 24<sup>th</sup> January 2020

Thay 24 Junuary 2020			
Lunch Hot Food	Dish		Price
Soup of The Day	Vegetable	V, GF, DF	£1.10
Main	Fish & Chips		£2.20
Pot Meal	Katsu Curry with Crispy Chicken		£1.90
Vegetarian	Red Pepper & Courgette Pasta Bake	V, DF	£2.20
Pudding	Mixed Fruit Crumble		£0.80
Panini	Pepperoni		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

# **Allergen information**

V	Suitable for V
GF	Gluten Free C
DF	Dairy Free Ch

## Wednesday 22<sup>nd</sup> January 2020

Lunch Hot Food	Dish		Price
Soup of The Day	Thai Sweet Potato	V, GF, DF	£1.10
Main	Roast Chicken	GF, DF	£2.20
Pot Meal	Pasta Bolognaise	DF	£1.90
Vegetarian	Vegetable Ragu with gluten free pasta	V, GF, DF	£2.20
Pudding	Bakewell Tart		£0.80
Panini	Mariana Meatballs		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

# Breakfast / Morning BreakBacon SandwichCheese & Bacon RollBaconToast / Fruit T cakeHash BrownCrusty Bread RollSeasonal Fresh Fruit SaladFresh Fruit

# Thursday 23<sup>rd</sup> January 2020

Lunch Hot Food	Dish		Price
Soup of The Day	Minestrone	V, GF	£1.10
Main	Sheppard Pie	GF	£2.20
Pot Meal	Beef Chow Mein	DF	£1.90
Vegetarian	Stuffed Jacket Potatoes		£2.20
Pudding	Baked Rice Pudding		£0.80
Panini	Pepperoni		£2.00
Jacket Potato	Plain Jacket Potato	V, GF, DF	£1.10
Jacket Potato with Filling	Cheese / Beans	V, GF	£2.20

Lunch Break Cold Items		Price
Salads	V, GF, DF	£1.50
Salads with Protein items	GF	£2.20
Seasonal Fresh Fruit Salad	V, GF, DF	£0.90
Fresh Fruit		£0.50
Cakes		£0.80
Biscuits / Cookies		£0.80
Jelly		£0.80
Mousse		£0.80

# /egetarians Choice noice

	Price
	£1.50
	£0.80
	£0.45
V	£0.30
V	£0.20
V	£0.50
V, GF, DF	£0.90
V, GF, DF	£0.50