

Monday		Dietary	Allergens	May Contain
Soup				
Main				
Pot Meal				
Vegetarian				
Pudding				
Pizzini				

Tuesday		Dietary	Allergens	May Contain
Soup	Tomato & Basil	V, VE, GF		
Main	Cottage Pie 	GF		
Pot Meal	Ham Carbonara		D, G	
Vegetarian	Vegetable Tikka & Rice	V, VE, GF		
Pudding	Chocolate Sponge Pudding		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Leek & Potato	V, VE, GF		
Main	Roast Beef & Yorkshire Pudding	GF		
Pot Meal	Sweet Chilli Chicken Pasta 		G	
Vegetarian	Butter Bean & Kale Cannelloni		D	
Pudding	Apple Crumble		D, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Thai Sweet Potato	V, VE, GF		
Main	Mixed Fish Korma	GF	D, F	C, MO
Pot Meal	Beef Chow Mein 		E, G, S, SE	
Vegetarian	Vegetable Macaroni Cheese	V	D, G, MU	
Pudding	Lemon Sponge Pudding		D, E, G	
Panini	Cheese & Ham or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Beef Burger & Potato wedges		G	
Pot Meal	Cajun Chicken and Rice 	GF		
Vegetarian	Penne Pasta with Mushroom & Spinach	V, VE	G	
Pudding	Eve's sponge Pudding		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds



Please note that the chicken in all our sandwiches is **Halal**