Monday		Dietary	Allergens	May Contain
Soup	Tomato & Basil	V, VE, GF		
Main	Beef & Vegetable Casserole	GF		
Pot Meal	Chinese Chicken Curry & Rice		G, MU	
Vegetarian	Vegetable Chow Mein	V	E, G, S	
Pudding	Lemon Drizzle Sponge		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Broccoli	V, VE, GF		
Main	Salmon & Broccoli Pasta		D, G, F	
Pot Meal	Beef Chow Mein		E, G, S	
Vegetarian	Vegetable Curry & Rice	V, VE, GF		
Pudding	Rhubarb Crumble	V	D, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Curried Parsnip	V, VE, GF		
Main	Roast Beef & Yorkshire Pudding		D, E, G	
Pot Meal	Chicken Tikka Masala & Rice	GF	D	
Vegetarian	Cauliflower & Broccoli Mornay	V	D, G	
Pudding	Chocolate Sponge Pudding	V	D, E, G	
Panini	Spicy Chicken or Cheese & Tomato	V	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Carrot & Sweet Potato	V, VE, GF		
Main	Beef Lasagne		D, G	
Pot Meal	Spaghetti & Pork Meatballs		G	
Vegetarian	Vegetarian Sheppard Pie	V, VE, GF		
Pudding	Sultana Sponge Pudding		D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Chicken & Mushroom Pie		D, G	
Pot Meal	Mix Meat Burrito's		D, G	
Vegetarian	Sweet & Sour Vegetables with Rice	V, VE, GF		
Pudding	Apple Crumble		D, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	