

Monday		Dietary	Allergens	May Contain
Soup	Tomato	V, VE, GF		
Main	Chicken & Vegetable Pie topped with Cheesy Mash	GF	D	
Pot Meal	Beef Chow Mein		E, G, S	
Vegetarian	Vegetable Lasagne		G, D	
Pudding	Chocolate Sponge Pudding		D, E, G	
Pizzini	Spicy Chicken or Cheese & Tomato		D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Beetroot & Coconut	V, VE, GF		
Main	Fish Mornay	GF	D, F, MU	
Pot Meal	Spaghetti Meatballs		G	
Vegetarian	Broccoli Mornay		D, G	
Pudding	Raspberry Sponge Pudding		D, E, G	
Panini	Pepperoni or Cheese & Tomato			

Wednesday		Dietary	Allergens	May Contain
Soup	Potato and Chive	V, VE, GF		
Main	Roast Turkey	GF		
Pot Meal	Chicken Korma	GF	D	
Vegetarian	Vegetable Pie		G, D	
Pudding	Jam & Coconut Sponge Pudding		D, E, G	
Panini	Spicy Chicken or Cheese & Tomato			

Thursday		Dietary	Allergens	May Contain
Soup	Spicy Mexican Bean	V, VE, GF		
Main	Beef & Vegetable Pie		G	
Pot Meal	Cajun Chicken			
Vegetarian	Potato Gnocchi with Tomato Sauce	VE	G	D, E, S, MU
Pudding	Fruit Crumble		D, G	
Panini	Chicken Pesto or Cheese & Tomato			

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Fish and Chips		F, G	
Pot Meal	Chicken & Leek Lasagne		D, G	
Vegetarian	Vegetable Thai Curry	VE		
Pudding	Upside Down Pineapple Sponge		D, E, G	
Pizzini	Spicy Chicken or Cheese & Tomato			

Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds