

Monday		Dietary	Allergens
Soup	Tomato	V, VE, GF	
Main	Cajun Chicken, Savoury Rice, Coleslaw	GF 	D, E
Pot Meal	Beef And Chorizo Tagliatelle		G, D
Vegetarian	Stuffed jacket Potatoes	V, VE, GF	
Hot pudding	Jam and Coconut Sponge	V,	G, D, E
Pizzini	Cheese and Tomato or Spicy Chicken	V	D, G

Tuesday		Dietary	Allergens
Soup	Spicy Mexican Bean	V, VE, GF	
Main	Sweet Chilli Tuna Pasta Bake	GF	D
Pot Meal	Chicken Chow Mein		G, E, S
Vegetarian	Quorn Bolognese, Spaghetti	V,	G, E
Hot pudding	Mixed Fruit Crumble	V	D, G,
Panini	Pepperoni or Cheese and Tomato		D, G

Wednesday		Dietary	Allergens
Soup	Thai Sweet Potato	V, VE, GF	
Main	Toad in the Hole	GF Option	G, E, D
Pot Meal	Beef Lasagne		G, D
Vegetarian	Sweet and Sour Vegetables	V, VE, GF	
Hot pudding	Bakewell	V	D, G, E
Panini	Spicy chicken or Cheese and tomato		D, G,

Thursday		Dietary	Allergens
Soup	Carrot and Cumin	V, VE, GF	
Main	Mince Beef and Onion Pie		G
Pot Meal	Thai Red Chicken Curry	GF	
Vegetarian	Goats Cheese Tart, Sundried Tomato Tapenade	V,	D, G
Hot pudding	Chocolate Sponge		D, G, E
Panini	Pesto Chicken or Cheese & Tomato	V	D, G,

Friday		Dietary	Allergens
Soup	Vegetable	V, VE, GF	
Main	Beef Nachos		G, F
Pot Meal	Meat Feast Pizza, Wedges		G, D
Vegetarian	Roast Vegetable Pizza	V, GF	
Hot pudding	Rice Pudding		D
Pizzini	Spicy Chicken or Cheese and Tomato		D, G