AQA Physics (Combined Science) Unit 6.1: Energy

Required Practical

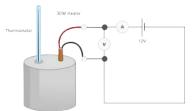
Investigating Specific Heat Capacity

independent variable - material

dependent variable – specific heat capacity

control variables – insulating layer, initial temperature, time taken

 $\Delta E = m \times c \times \Delta \Theta$



Method:

- 1. Using the balance, measure and record the mass of the copper block in kg.
- 2. Wrap the insulation around the block.
- 3. Put the heater into the large hole in the block and the block onto the heatproof mat.
- 4. Connect the power pack and ammeter in series and the voltmeter across the power pack.
- 5. Using the pipette, put a drop of water into the small hole.
- 6. Put the thermometer into the small hole and measure the temperature.
- 7. Switch the power pack to 12V and turn it on.
- 8. Read and record the voltmeter and ammeter readings during the experiment, they shouldn't change.
- 9. Turn on the stop clock and record the temperature every minute for 10 minutes.
- 10. Record the results in the table.
- 11. Calculate work done and plot a line graph of work done against temperature.

Equations

$$E = \frac{1}{2} m v^2$$

$$E_e = \frac{1}{2}ke^2$$

$$\Delta E = m \times c \times \Delta \Theta$$

$$P = \frac{E}{f}$$

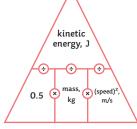
$$P = \frac{W}{t}$$

Kinetic and Potential Energy Stores

Movement Energy

kinetic energy = $\frac{1}{2}$ x mass × speed²

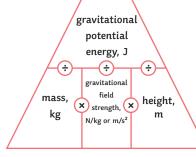
$$E_{k} = \frac{1}{2} m v^{2}$$



When something is off the ground, it has gravitational potential energy gravitational potential energy = mass x gravitational field strength x height

$$E_p = mgh$$





When an object falls, it loses gravitational potential energy and gains kinetic energy.

Stretching an object will give it elastic potential energy.

elastic potential energy = $\frac{1}{2}$ × spring constant × extension²

$$E_{e} = \frac{1}{2} ke^{2}$$

Transferring Energy by Heating

Heating a material transfers the energy to its thermal energy store - the temperature increases.

E.g. a kettle: energy is transferred to the thermal energy store of the kettle. Energy is then transferred by heating to the waters thermal energy store. The temperature of the water will then increase.

Some materials need more energy to increase their temperature than others.

change in thermal energy = mass × specific heat capacity × temperature change

$$\triangle E = m \times c \times \triangle G$$

Specific heat capacity is the amount of energy needed to raise the temperature of 1kg of a material by 1°C.



Energy Stores			
kinetic	Moving objects have kinetic energy.		
thermal	All objects have thermal energy.		
chemical	Anything that can release energy during a chemical reaction.		
elastic potential	Things that are stretched.		
gravitational potential	Anything that is raised.		
electrostatic	Charges that attract or repel.		
magnetic	Magnets that attract or repel.		
nuclear	The nucleus of an atom releases energy.		

Energy can be transferred in the following ways:

mechanically - when work is done;

electrically - when moving charge does work;

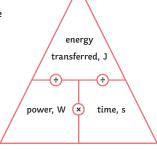
heating - when energy is transferred from a hotter object to a colder object.

Conservation of Energy

Energy can never be created or destroyed, just transferred from one form to another. Some energy is transferred usefully and some energy gets transferred into the environment. This is mostly wasted energy.

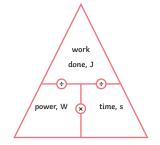
Power

$$P(W) = E(J) \div t(s)$$



power = work done ÷ time

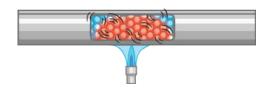
$$P(W) = W(J) \div t(s)$$



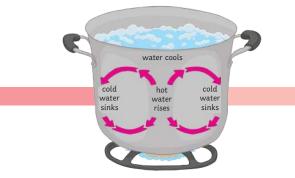
Energy Transfer

Lubrication reduces the amount of friction. When an object moves, there are frictional forces acting. Some energy is lost into the environment. Lubricants, such as oil, can be used to reduce the friction between the surfaces.

Conduction – when a solid is heated, the particles vibrate and collide more, and the energy is transferred.



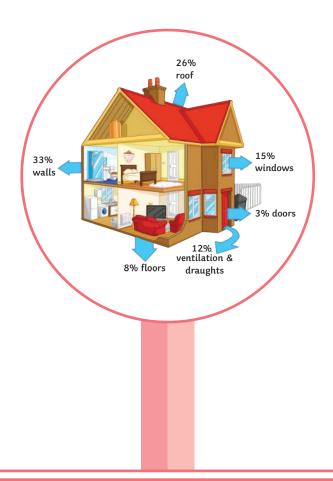
Convection – when a liquid or a gas is heated, the particles move faster. This means the liquid or gas becomes less dense. The denser region will rise above the cooler region. This is a convection current.



AQA Physics (Combined Science) Unit 6.1: Energy

Insulation – reduces the amount of heat lost. In your home, you can prevent heat loss in a number of ways:

- thick walls;
- thermal insulation, such as:
- loft insulation (reducing convection);
- · cavity walls (reduces conduction and convection);
- · double glazing (reduces conduction).





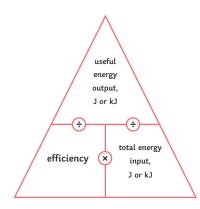


Efficiency

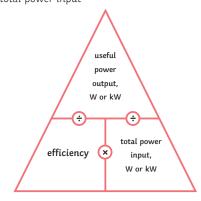
When energy is transferred, some energy is wasted. The less energy that is wasted during the transfer, the more efficient the transfer.

There are two equations to calculate efficiency:

efficiency = useful output energy transfer total input energy transfer



 $\frac{\text{efficiency = } \text{useful power output}}{\text{total power input}}$



Some energy is always wasted. Nothing is 100% efficient.

Efficiency

Non-renewable – coal, oil, gas - they will all run out, they damage the environment, but provide most of the energy.

Renewable - they will never run out, can be unreliable and do not provide as much energy.

Energy Resource	Advantages	Disadvantages	
solar – using sunlight	Renewable, no pollution, in sunny countries it is very reliable.	Lots of energy needed to build, only works during the day, cannot increase power if needed.	
geothermal – using the energy of hot rocks	Renewable and reliable as the rocks are	May release some greenhouse gases and only	
	always hot. Power stations have a small	found in specific places.	
	impact on environment.		
wind – using turbines	Renewable, no pollution, no lasting damage to the environment, minimal running cost.	Not as reliable, do not work when there is n wind, cannot increase supply if needed.	
hydroelectric – uses a dam	Renewable, no pollution, can increase supply	A big impact on the environment. Animals	
	if needed.	and plants may lose their habitats.	
wave power – wave powered turbines	Renewable, no pollution.	Disturbs the seabed and habitats of animals Unreliable.	
tidal barrages – big dams across rivers	Renewable, very reliable, no pollution.	Changes the habitats of wildlife, fish can be killed in the turbines.	
biofuels	Renewable, reliable, carbon neutral.	High costs, growing biofuels may cause a	
		problem with regards to space, clearance of	
		natural forests.	
non-renewable – fossil fuels	Reliable, enough to meet current demand, can produce more energy when there is more demand.	Running out, release CO ₂ , leading to global warming, and also release SO ₂ which causes acid rain.	

Trends in energy resources – most of our electricity is generated by burning fossil fuels and nuclear. The UK is trying to increase the amount of renewable energy resources. The governments are aware that non-renewable energy resources are running out; targets of renewable resources have been set. Electric and hybrid cars are also now on the market.

However, changing the fuels we use and building renewable power plants cost money. Many people are against the building of the plants near them and do not want to pay the extra in their energy bills. Hybrid and electric cars are also quite expensive.





ENERGY PART 1 KNOWLEDGE ORGANISER

Equations

 $E = \frac{1}{2}mv^2$

E, = mgh

 $E_e = \frac{1}{2} ke^2$

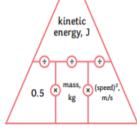
 $P = \frac{E}{t}$

Kinetic and Potential Energy Stores

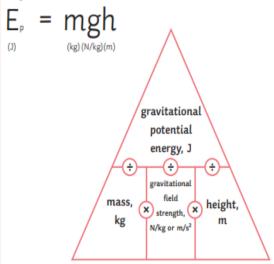
Movement Energy

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When an object falls, it loses gravitational potential energy and gains kinetic energy.

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elastic potential energy = 1/2 × spring constant × extension2

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Energy Stores and Systems

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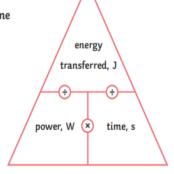
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Power

Power is the rate of transfer of energy – the amount of work done in a given time.

power = energy transferred ÷ time

$$P(W) = E(J) \div t(s)$$

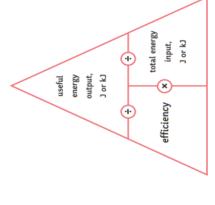


Efficiency

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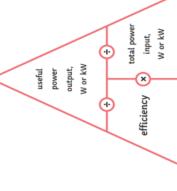
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efficiency = useful power output

total power input



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Scalar and Vector Quantities

A scalar quantity has magnitude only. Examples include temperature or mass.

A vector quantity has both magnitude and direction. Examples include velocity.

Speed is the scalar magnitude of velocity.

A vector quantity can be shown using an **arrow**. The size of the arrow is relative to the magnitude of the quantity and the direction shows the associated direction.

Contact and Non-Contact Forces

Forces either **push** or **pull** on an object. This is as a result of its interaction with another object.

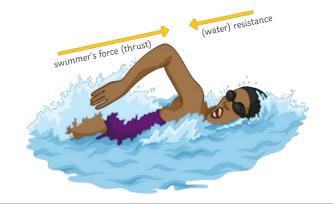
Forces are categorised into two groups:

Contact forces – the objects are touching e.g. friction, air resistance, tension and contact force.

Non-contact forces – the objects are not touching e.g. gravitational, electrostatic and magnetic forces.

Forces are calculated by the equation: force (N) = mass (kg) × acceleration (m/s^2)

Forces are another example of a **vector quantity** and so they can also be represented by an **arrow**.



Gravity

Gravity is the natural phenomenon by which any object with mass or energy is drawn together.

- The mass of an object is a scalar measure of how much matter the object is made up of. Mass is measured in kilograms (kg).
- · The weight of an object is a vector measure of how gravity is acting on the mass. Weight is measured in newtons (N).

weight (N) = mass (kg) × gravitational field strength (N/kg)

(The gravitational field strength will be given for any calculations. On earth, it is approximately 9.8N/kg).

An object's **centre of mass** is the point at which the weight of the object is considered to be acting. It does not necessarily occur at the centre of the object.

The mass of an object and its weight are directly proportional. As the mass is increased, so is the weight. Weight is measured using a spring-balance (or newton metre) and is measured in newtons (N).

Resultant Forces

A **resultant force** is a single force which replaces several other forces. It has the same effect acting on the object as the combination of the other forces it has replaced.

The forces acting on this object are represented in a **free body** diagram. The arrows are relative to the magnitude and direction of the force.



The car is being pushed to the left by a force of 30N. It is also being pushed to the right by a force of 50N.

The resultant force is 50N - 30N = 20N

The 20N resultant force is pushing to the right, so the car will move right.

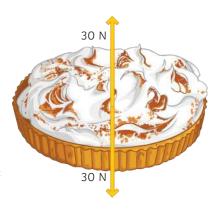
When a resultant force is not zero, an object will **change speed (accelerate or decelerate)** or **change direction (or both)**.

When an object is stationary, there are still forces acting upon it.

In this case, the resultant force is 30N - 30N = 0N.

The forces are in equilibrium and are balanced.

When forces are balanced, an object will either **remain stationary** or if it is moving, it will continue to move at a **constant speed**.





Resultant Forces

A scale vector diagram can be used to calculate resultant forces that are not acting directly opposite of one another, on a straight line.

Worked example 1:

A boat is being pulled toward the harbour by two winch motors. Each motor is pulling with a force of 100N and they are working at right angles to one another.

To find the resultant force, you would first draw construction lines from the end of each arrow parallel to the other force arrow.

Remember that the size of the arrow is representative of the size of the force being exerted.

Where the construction lines intercept indicates the direction of the

resultant force: from the centre of mass through the intercept.

The resultant force is the sum of the forces acting so in this example, that is 200N.

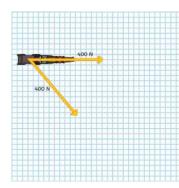
force arrow to the correct scale so it represents the resultant force size.

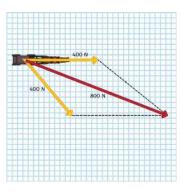
Worked example 2:

A horse-drawn carriage is pulled by two horses at 400N each. One of the horses is pulling in a different direction to the other horse. Show the resultant force and direction of the horse-drawn carriage.

Measure the size of the arrows and make sure you draw your resultant

As before, you will need to draw construction lines from the end of each force arrow and parallel to the other one. The intercept represents the direction of the resultant force. The resultant force is the sum of the individual forces so in this example, it is 800N.





Work Done and Energy Transfer

When a force acts on an object and makes it move, there is **work done** on the object. This movement requires energy. The **input energy** could be from fuel, food or electricity for example.

The energy is **transferred to a different type of energy** when the work is done. Not all the energy transfers are useful, sometimes energy is **wasted**. For example, when car brakes are applied, some energy is wastefully transferred as heat to the surroundings. Work done against the force of **friction** always causes a **temperature rise** in the object.

Work done is calculated by this equation:

work done [energy transferred] (J) = force (N) × distance moved (in the direction of the force) (m)

Worked example

A man's car has broken down and he is pushing it to the side of the road. He pushes the car with a force of 160N and the car is moved a total of 8m. Calculate the energy transferred.

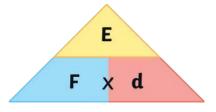
 $E = F \times d$

 $E = 160 \times 8$

E = 1280J

1 joule of energy is transferred for every 1 newton of force moving an object by a distance of 1 metre.

1J = 1Nm







Required Practical Investigation Activity 6: Investigate the Relationship Between Force and Extension for a Spring

$F = k \times e$

force applied (N) = spring constant (N/m) \times extension (m)

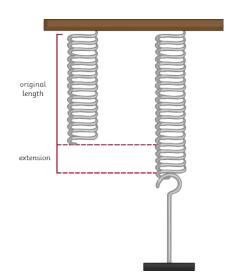
You should be familiar with the equation above and the required practical shown to the right.

The spring constant is a value which describes the elasticity of a material. It is specific to each material. You can carry out a practical investigation and use your results to find the spring constant of a material.

- 1. Set up the equipment as shown.
- Measure the original length of the elastic object, e.g. a spring, and record this.
- 3. Attach a mass hanger (remember the hanger itself has a weight). Record the new length of the spring.
- 4. Continue to add masses to the hanger in regular intervals and record the length each time.

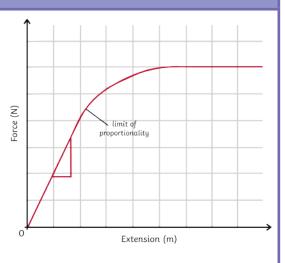
Once you have your results, you can find the extension for each mass using this formula: spring length - original length

The data collected is continuous so you would plot a **line graph** using the x-axis for extension (m) and the y-axis for force (N). As a result of Hooke's Law, you should have a **linear graph**. The **gradient of the graph is equal to the spring constant**. You can calculate it by rearranging the formula above or by calculating the gradient from your graph.



Spring Constant and Hooke's Law

Hooke's Law describes that the extension of an elastic object is proportional to the force applied to the object. However, there is a maximum applied force for which the extension will still increase proportionally. If the limit of proportionality is exceeded, then the object becomes permanently deformed and can no longer return to its original shape. This can be identified on a graph of extension against



force when the gradient stops being linear (a straight line) and begins to **plateau**. The limit is shown on the graph above and this is the specific object's **elastic limit**.

Forces and Elasticity

When work is done on an elastic object, such as a spring, the energy is stored as elastic potential energy.

When the force is applied, the object changes shape and stretches. The energy is stored as elastic potential and when the force is no longer applied, the object returns to its original shape. The stored elastic potential energy is transferred as kinetic energy and the object recoils and goes back to its original shape.







Work Done: Elastic Objects

Work is done on elastic objects to stretch or compress them.

To calculate the work done (elastic potential energy transferred), use this equation:

$$E(J) = 0.5 \times k \times e^{2}$$

(elastic potential energy = 0.5 × spring constant × extension²)

You might need to use this equation also: $F = k \times e$

Worked example:

A bungee jumper jumps from a bridge with a weight of 800N. The elastic cord is stretched by 25m. Calculate the work done.

Step 1: find the spring constant using $F = k \times e$

Rearrange to $k = F \div e$

 $800 \div 25 = 32 \text{N/m}$

Step 2: use the value for k to find the elastic potential energy (work done) using $E(J) = 0.5 \times k \times e^{2}$

 $0.5 \times 32 \times 25^{2}$

E = 100000

Moments, Levers and Gears

A moment is the turning effect produced by a force. To find the size of a moment, use the equation:

moment (Nm) = force (N) × distance (m)

Remember that the distance is the perpendicular distance from the pivot to the line of action of the force.

force applied

10 N

pivo

distance = 0.4m

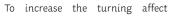
Worked example:

A crowbar is being used to lift a manhole cover. Calculate the moment produced.

 $M = F \times d$

 $M = 10 \times 0.4$

m = 40Nm



achieved without increasing the amount of force applied, you would need to increase the distance between the force and the pivot.

For example, if the crowbar in the example above was 0.5m, then the moment would be:

 $M = F \times d$

 $M = 10 \times 0.5$

M = 50Nm

Levers can be used to increase the effect of a force applied, acting as a force multiplier. Some everyday examples include:

spanner



wheelbarrow



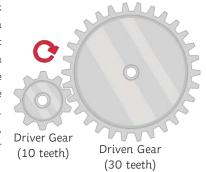
pair of scissors



A force multiplier makes it easier to do work because the same force applied at a greater distance from the pivot increases the moment produced.

A gear is a wheel which has 'teeth' around the circumference.

The teeth of different gears lock together and the gear can turn on an axle, turning the other gears it is connected to. Where the teeth meet, they must move in the same direction. This means that the gears rotate in opposite directions. If one gear is turning clockwise, it will turn the connected gear anticlockwise.



When gears are connected, the **same force** is applied to each; however, if they are different sizes, they will produce different moments. This is because the moment is calculated using the distance from the pivot (the radius of the gear) and if the gear is smaller, it will move a shorter distance. If the gear is larger, it will move a greater distance.

Worked example:

A gear has a radius of 0.25m. It turns a second gear with a radius of 1.5m. The moment of the smallest gear is 30Nm. Calculate the moment of the largest gear.

Step 1: calculate the force using $M = F \times d$

Rearrange to $F = M \div d$

 $F = 30 \div 0.25$

F = 120N

Step 2: use the force to calculate the moment of the larger gear.

 $M = F \times d$

 $M = 120 \times 1.5$

M = 180Nm



Balanced Moments

When the anticlockwise moment on an object is equal to the clockwise moment, the **resultant moment** is zero and the object does not move or turn.

To balance moments: total anticlockwise moments = total clockwise moments

Worked example:

An elephant sits on a seesaw. It has a weight of 750N and is sat 2.5m from the pivot. A mouse with a weight of 60N is sitting on the other side of the seesaw. The seesaw is balanced.

What distance is the mouse from the pivot?

Step 1:	Step 2:	Step 3:
Calculate the	total anticlockwise	Use the value calculated
anticlockwise	moments = total	for the moment to find
moment.	clockwise moments	the distance on the
M = F × d	1875Nm = 1875Nm	clockwise side.
= 750N × 2.5m		rearrange: d = M ÷ F
- 750N × 2.5M		d = 1875 ÷ 60
= 1875Nm		d = 31.25m

Pressure and Pressure Difference in Fluids

A **fluid** is any material in a state of matter which flows; it is a **liquid** or a **gas**. The pressure in a fluid causes a force at a **right angle** (normal) to the surface. The pressure is calculated using the equation:

pressure (Pa) =
$$\frac{\text{force (N)}}{\text{surface area (m}^2)}$$

Worked example:

Find the pressure exerted by an elephant on a frozen pond. The force exerted by the elephant is 4500N and the area of the pond is $30m^2$.

$$p = 4500 \div 30$$

 $p = 150Pa$

Pressure in Fluids

You can find the pressure produced by a column of liquid using the equation:

pressure (Pa) = height of column (m) × density of liquid (kg/m³) × gravitational field strength (N/kg)

The more water above an object, then the greater the force applied and the greater the pressure exerted. Scuba divers have to monitor the pressure as they dive to ensure they are not endangering their lives by going too deep.

This can be demonstrated by placing holes in a bucket or other container of water at two different heights.

Water leaking from the hole higher up the bucket will be at a lower pressure than water leaking from the hole lower in the bucket.

When an object is **submerged partially**, it will have a greater pressure on the bottom surface than on the top surface (there is more water behind the force acting upwards). This creates an upwards resultant force called **upthrust** and this is what causes an object to float.





Atmospheric Pressure

Surrounding the earth is a layer of air called the atmosphere. Compared to the size of the planet, this layer is relatively thin. The air becomes less dense the farther from the planet's surface you are (with increasing altitude).

When the air molecules collide with the surface of the earth, pressure is exerted and this is called **atmospheric pressure**. The amount of air molecules above a surface **decreases** with **altitude** and so the **pressure exerted** also **decreases** with increasing height.

Velocity

Velocity is a **vector** quantity. It is the **speed** of an object in a given **direction**.

Circular Motion (Higher tier only)

Objects moving in a **circular path** don't go off in a straight line because of a **centripetal** force caused by another force acting on the object.

For example, a car driving around a corner has a centripetal force caused by **friction** acting between the surface of the road and the tyres. When the Earth orbits around the Sun, it is held in orbit by **gravity** which causes the centripetal force.

When an object is moving in a circular motion, its **speed** is **constant**. Its **direction changes** constantly and because direction is related to **velocity**, this means that the velocity of the object is constantly changing too. The changes in velocity mean that the object is **accelerating**, even though it travels at a constant speed.

The acceleration occurs because there is a resultant force acting on the object. In this case, the resultant force is the velocity, which is greater than the centripetal force acting.





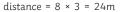
Forces and Motion: Distance vs Displacement

Distance is a **scalar** quantity. It measures how far something has moved and does not have any associated direction.

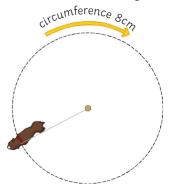
 $\begin{array}{l} \textbf{Displacement} \text{ is a } \textbf{vector} \text{ quantity. It measures how far something has} \\ \textbf{moved and is measured in relation to the direction of a straight line} \end{array}$

between the starting and end points.

E.g. A dog is tethered to a post. It runs 360° around the post three times. Each 360° lap is 8m



displacement = Om (The dog is in the same position as when it started.)



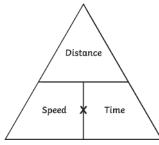
Speed

You should be able to recall the typical speed of different transportation methods.

Activity	Typical Value	
walking	1.5m/s	
running	3m/s	
cycling	6m/s	
driving a car	25mph (40km/h)	
train travel	60mph (95km/h)	
aeroplane travel	550mph (885km/h)	
speed of sound	330m/s	

These values are average only. The speed of a moving object is rarely constant and always fluctuating.

speed = distance ÷ time



You should be able to use this equation and rearrange it to find the distance or time.

Worked example:

John runs 5km. It takes him 25 minutes. Find his average speed in metres per second.

Step 1: convert the units

km → m (×1000) = 5000m

 $min \rightarrow s (×60) = 1500s$

Step 2: calculate $s = d \div t$

 $s = 5000 \div 1500$

s = 3.33 m/s

Worked example 2:

Zi Xin has driven along the motorway. Her average speed is 65mph. She has travelled 15 miles. How long has her journey taken? Give your answer in minutes.

Step 1: calculate $t = d \div s$

 $t = 15 \div 65$

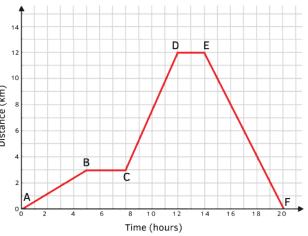
t = 0.23 (hours)

Step 2: convert units

 $hr \longrightarrow min (\times 60) = 13.8 minutes$

Distance-Time and Velocity-Time Graphs

When an object travels in a **straight line**, we can show the distance which has been covered in a **distance-time graph**.

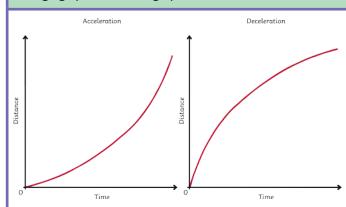


You should be able to understand what the features of the two types of graph can tell you about the motion of an object.

Graph Feature	Distance-Time Graph	Velocity-Time Graph
x-axis	time	time
y-axis	distance	velocity
gradient	speed	acceleration (or deceleration)
plateau	stationary (stopped)	constant speed
uphill straight line	steady speed moving away from start point	acceleration
downhill straight	steady speed returning to the start point	deceleration
uphill curve	acceleration	increasing acceleration
downhill curve	deceleration	increasing deceleration
area below graph		distance travelled



Changing Speed on a D-T graph



When the graph is a **straight line**, it is representing a **constant speed**. A **curve** represents a changing speed, either **acceleration** or **deceleration**. The speed at any given point can be calculated by drawing a **tangent** from the curve and finding the **gradient** of the tangent.

Terminal Velocity

When an object begins moving, the force **accelerating** the object is much greater than the force resisting the movement. A resistant force might be **air resistance** or **friction**, for example.

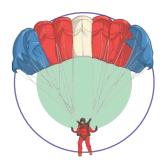
As the **velocity** of the object increases, the force **resisting** the movement also increases. This causes the acceleration of the object to be reduced gradually until the forces become **equal** and are **balanced**. This doesn't cause the object to stop moving. As the object is already in motion, balanced forces mean it will continue to move at a **steady speed**. This steady speed is the maximum that the object can achieve and is called the **terminal velocity**.

The terminal velocity of an object depends on its shape and weight. The shape of the object determines the amount of resistant force which can act on it. For example, an object with a large surface area will have a greater amount of resistance acting on it.

Consider a skydiver and his parachute. When the skydiver first jumps from the aeroplane, he has a small area where the air resistance can act. He will fall until he reaches a terminal velocity of approximately 120mph.



After the skydiver releases his parachute, the shape and area has been changed and so the amount of air resistance acting is increased. This causes him to decelerate and his terminal velocity is reduced to about 15mph. This makes it a much safer speed to land on the ground.



Acceleration

Acceleration can be calculated using the equation:

acceleration (m/s^2) = change in velocity (m/s)

time taken (s)

Worked example:

A dog is sitting, waiting for a stick to be thrown. After the stick is thrown, the dog is running at a speed of 4m/s. It has taken the dog 16s to reach this velocity. Calculate the acceleration of the dog.

$$a = \Delta v \div t$$

$$a = (4-0) \div 16$$

$$A = 0.25 \text{m/s}^2$$

Changes in velocity due to acceleration can be calculated using the equation below. This equation of motion can be applied to any moving object which is travelling in a straight line with a uniform acceleration.

Final velocity² (m/s) – initial velocity² (m/s) = $2 \times acceleration (m/s^2) \times displacement (m)$

or

$$v^2 - u^2 = 2as$$

Worked example:

A bus has an initial velocity of 2m/s and accelerates at $1.5m/s^2$ over a distance of 50m. Calculate the final velocity of the bus.

Step 1: rearrange the equation: $v^2 - u^2 = 2as$

$$v^2 = 2as + u^2$$

Step 2: insert known values and solve

$$v^2 = (2 \times 1.5 \times 50) + 2^2$$

$$v^2 = (150) + 4$$

$$v^2 = 154$$

$$v = 12.41 \text{m/s}$$





Stopping Distance

The $stopping\ distance$ of a vehicle is calculated by:

stopping distance = thinking distance + braking distance

Reaction time is the time taken for the driver to respond to a hazard. It varies from 0.2s to 0.9s between most people.

Reaction time is affected by:

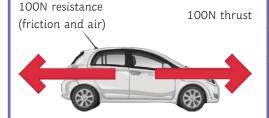
- tiredness
- drugs
- alcohol
- distractions

You can measure human reaction time in the lab using simple equipment: a metre ruler and stopwatch can be used to see how quickly a person reacts and catches the metre ruler. The data collected is quantitative and you should collect repeat readings and calculate an average result.

Newton's Laws of Motion: Newton's First Law

If the resultant force acting on an object is zero...

- · a stationary object will remain stationary.
- a moving object will continue at a steady speed and in the same direction.



Inertia – the tendency of an object to continue in a state of rest or uniform motion (same speed and direction). Newton's Laws of Motion: Newton's Second Law

The acceleration of an object is proportional to the resultant force acting on it and inversely proportional to the mass of the object

resultant force (N) = mass (kg) × acceleration (m/s2)

Inertial mass – how difficult it is to change an objects velocity. It is defined as the ratio of force over acceleration.

Newton's Laws of Motion: Newton's Third Law

When two objects interact, the forces acting on one another are always equal and opposite.

For example, a book laid on a table is being acted upon by at least two forces: the downward pull of gravity and the upward reaction force from the table surface. The forces are equal and opposite so the book does not move. We describe the forces as being halanced

Distance (metres)

Thinking distance

Momentum

momentum (N) = mass (kg) × velocity (m/s)

The law of conservation of mass (in a closed system) states that the total momentum **before** an event is equal to the total momentum **after** an event.

Worked example:

Calculate the momentum of a 85kg cyclist travelling at 7m/s.

 $p = m \times v$

 $p = 85 \text{kg} \times 7 \text{m/s}$

p = 595 kg m/s

Worked example: 2



A lorry with a mass of 12 000kg, travelling at 20m/s, collides with a stationary car with a mass of 1500kg. After the collision, the vehicles move off together. Calculate their velocity.

Step 1: find the momentum of each vehicle before the collision.

Calculate the momentum of the lorry:

 $p = m \times v$

 $p = 12\ 000 \times 20 = 240\ 000$ kg m/s

Calculate the momentum of the car:

 $p = m \times v$

 $p = 1500 \times 0 = 0 \text{kg m/s}$

Braking Distance

The **braking distance** is the distance travelled by a vehicle once the **brakes are applied** and until it reaches a full stop.

Braking distance is affected by:

- adverse weather conditions (wet or icy)
- poor vehicle condition (brakes or tyres)

When force is applied to the brakes, work is done by the friction between the car wheels and the brakes.

The work done reduces the **kinetic energy** and it is transferred as **heat** energy, increasing the **temperature** of the brakes.

increased speed = increased force required to stop the vehicle

increased braking force = increased deceleration

Large decelerations can cause a huge increase in temperature and may lead to the brakes overheating and the driver losing control over the vehicle





Step 2: find the total momentum before the collision. total momentum before = $240\ 000 + 0 = 240\ 000$ kg m/s

Step 3: use the law of conservation of momentum and rearrange the equation.

total momentum before collision = total momentum after collision

$$\frac{p}{m} = v$$

240 000kg m/s ÷ (12 000 + 1500) = 17.78m/s.

Worked example: 3

A cannon fires a 5kg cannonball at a velocity of 90m/s. The cannon recoils at a velocity of 2m/s after the explosion. Calculate the mass of the cannon.

Step 1: find the total momentum before the explosion.

 $p = m \times v$ (for the cannonball)

$$p = 5 \times 90 = 450 \text{kg m/s}$$

Although you don't have all the information to calculate the momentum of the cannon, you know it is zero because it is stationary and therefore has a velocity of zero. Since momentum is mass × velocity, you know the momentum will be zero regardless of the mass.

total momentum before = 450kg m/s

Step 2: use the law of conservation of momentum and rearrange the equation.

total momentum before explosion = total momentum after explosion

$$\frac{p}{V} = m$$

 $450 \text{kg m/s} \div 2 \text{m/s} = 225 \text{kg}$

Changes in Momentum

When a force acts on a moving or moveable object there is a change of momentum.

The equations for calculating force and acceleration can be combined:

$$F = m \times a$$
 and $a = (v - u) \div t$

To give:

force(N) = change in momentum (kg m/s) ÷ time taken (s)

$$F = \frac{m\Delta v}{\Delta t}$$

This equation tells you that the force is equal to the rate of change of momentum in the object.

Car Safety Features

When people are travelling in a moving car, they have momentum. If the car were to crash and become stationary all of a sudden, the passengers would lose all their momentum. This would result in a large force being exerted; therefore, it is important to change the momentum gradually.

This is done by the seatbelts and the air bags which are fitted into vehicles.

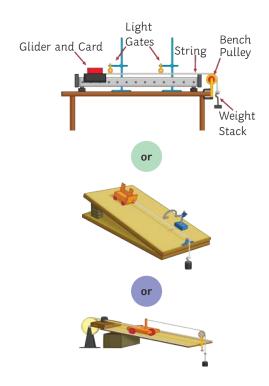
An airbag is also designed to reduce the momentum. The air bag is filled with air as is it deployed and has a small hole inside. As the person makes contact with the airbag, the air is slowly released from the hole and the person is slowed down more gradually.

The force exerted on the passenger is reduced because the time taken to slow them down is increased.

Required Practical Investigation 7

Aim: investigate the effect of varying the force on the acceleration of an object of constant mass, and the effect of varying the mass of an object on the acceleration produced by a constant force.

You may be given any of the following apparatus set-ups to conduct these investigations:



Something is a fair test when only the independent variable has been allowed to affect the dependent variable.

The independent variable was force.

The dependent variable was acceleration.

The control variables were:

- · same total mass
- · same surface/glider/string/pulley (friction)
- · same gradient if you used a ramp

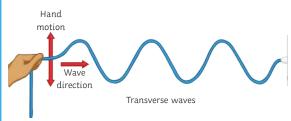




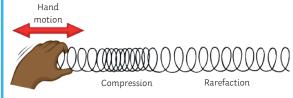
Transverse and Longitudinal Waves

Waves can be either transverse or longitudinal.

In a transverse wave, the vibrations are at a right angle (perpendicular) to the direction of the energy transfer. The wave has peaks (or crests) and troughs. Examples include water waves and light waves.



In a longitudinal wave, the vibrations are in the same direction (parallel) as the energy transfer. The wave has areas of compression and rarefaction. Examples of this type of wave are sound waves.



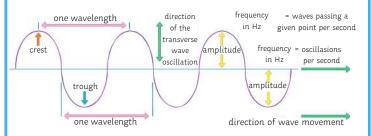
Longitudinal waves

When a wave travels, energy is transferred but the matter itself does not move. Particles of water or air vibrate and transfer energy but do not move with the wave.

This can be shown by placing a cork in a tank of water and generating ripples across the surface. The cork will bob up and down on the **oscillations** of the wave but will not travel across the tank.



Properties of Waves



The **frequency** of a wave is the number of waves which pass a given point every second.

time period (s) = 1 ÷ frequency (Hz)

 $t = 1 \div f$

The **wave speed** is how quickly the energy is transferred through a medium (how quickly the wave travels).

wave speed (m/s) = frequency (Hz) × wavelength (m)

 $v = f \times \lambda$

The speed of **sound waves** travelling through air can be measured by a simple method. One person stands a measured distance from a large flat wall, e.g. 100m. The person then claps and another person measures the time taken to hear the echo. The speed of the sound can then be calculated using the equation

speed = distance × time.

Remember the distance will be double because the wave has travelled to the wall and back again. It is important to take several measurements and calculate the average to reduce the likelihood of human error.

Sound Waves in Different Medium

How quickly sound waves can travel through a medium is determined by the density of the medium (material).

Sound waves will travel faster through a solid than a liquid as the spaces between the particles are smaller. This means that the **vibrations** and **energy** can be passed along the particles more quickly. In a gas, the transmission of sound is even slower as the space between the particles is greater.

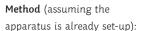
The speed of sound in air is 330m/s.

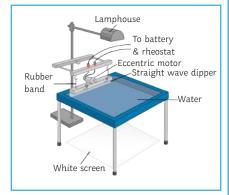
Required Practical Investigation 8

Aim: make observations and identify the suitability of apparatus to measure the frequency, wavelength and speed of waves in a ripple tank and waves in

a solid, and take appropriate measurements.

The ripple tank apparatus shown is the most commonly used for this investigation. It is likely you will work in groups or observe the investigation as a demonstration by your teacher.





Turn on the power and observe the waves. Make any necessary adjustments to the equipment so that the waves are clear to observe (alter the voltage supplying the motor). N.B. The lowest frequency setting on the motor will ensure that the waves measurements can be made more easily.

To measure the **wavelength**, use the metre ruler and make an estimate quickly. You may want to use a **stroboscope** and freeze the wave patterns to make measurements.

Record 10 wavelengths and calculate the **average** value.





Required Practical Investigation 8 (continued)

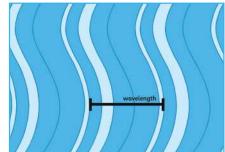
To measure the wave **frequency**, mark a given point onto the white paper and **count** the number of waves which pass the point within **10 seconds**. Divide your answer by 10 to find the number of **waves per second**.

Record 10 frequencies and calculate the average value.

To calculate the wave speed, use this formula:

speed = frequency × wavelength

Remember: the wavelength is the distance between one peak (or crest) of a wave and the next peak.



Required Practical Investigation 9

Aim: investigate the reflection of light by different types of surface and the refraction of light by different substances.

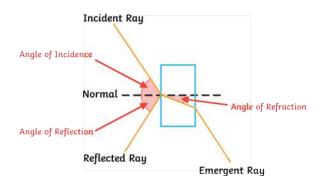
Method:

- 1. In a darkened room, set up the ray box on a flat surface and insert the filter to produce a single ray of light.
- 2. Place a glass block in the centre of a piece of plain A3 paper.
- 3. Draw a line around the glass block.
- 4. Draw a line at 90°C to the glass block and label the line normal, as shown in the diagram.
- 5. Position the ray box so the ray of light hits the glass at an angle.
- 6. Using a pencil, draw the incidence, reflected and emergent rays as shown in the diagram.
- 7. Remove the glass block and draw the refracted ray going through the block.

- 8. Using a protractor, measure the angles of incidence, reflection and refraction. Record your results.
- 9. Repeat the experiment by placing a clear acrylic block on the A3 paper in the same position as the glass block.
- 10. The incident ray must follow the same line as before. Draw the reflected and refracted rays and measure using a protractor.
- 11. Collect four sets of results from other members of the class.

The law of reflection states:

angle of incidence = angle of reflection



Risk assessment:

The ray box will become hot during use and may cause minor burns. To prevent this, you should not touch the lamp and ensure you allow time for the ray box to cool after use.

You will be working in a semi-dark environment which means there is a higher risk of trips or falls. You should ensure your working space is clear of bags and coats, and that stools are tucked under desks before you start your investigation.

Required Practical Investigation 10

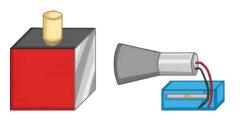
Aim: investigate how the amount of infrared radiation absorbed or radiated by a surface depends on the nature of that surface.

In this investigation, you are finding out which type of surface emits the most **infrared** radiation:

- · dark and matt
- · dark and shiny
- · light and matt
- · light and shiny

Method:

- 1. Place the **Leslie cube** on a heatproof mat.
- 2. Once the kettle has boiled, fill the Leslie cube with hot water.
- Ensuring that the thermometer or the infrared detector is an equal distance from each of the surfaces (in turn) on the Leslie cube, measure the amount of infrared radiation emitted.
- 4. Repeat the experiment twice more to collect three results for each surface.





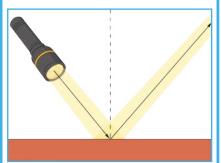


Reflection of Waves

When a wave comes into contact with a surface or a boundary between two media (different materials), it can be reflected or it can be absorbed.

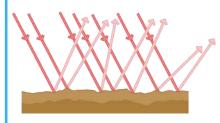
What happens depends on the properties of the surface the wave hits.

Specular reflection occurs when a wave is reflected in a **single direction** from a perfectly **smooth surface**.

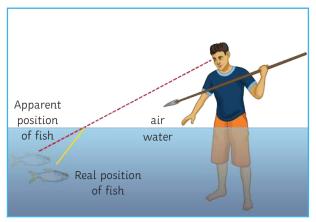


angle of incidence = angle of reflection (i = r)

Diffuse reflection occurs when a wave is reflected in many directions and happens at a rough or uneven surface.



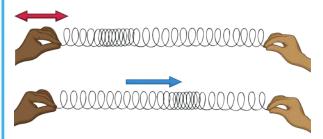
Refraction occurs when a wave changes direction, usually at the boundary or two different materials. The density of the material affects the speed at which the wave can travel through it. When a wave passes from a more dense material to a less dense material, it speeds up and so will bend.



Imagine a car travelling across a muddy river at an angle. As it approaches the bank of the river, one of the wheels will be on the dry bank while the other is still in the mud. The wheel on the dry bank will move faster than the one still in the mud and it will change direction.

Sound Waves (Higher tier only)

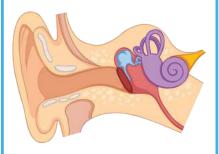
When an object vibrates, it can cause a **sound wave**. Remember, a sound wave is a **longitudinal** wave:



A sound wave can travel through a solid material. This is because the space between the particles is so small (almost non-existent) and the vibrations are transmitted more quickly than in liquids or gases.

The speed of sound in air is about 330m/s. As the majority of space is a **vacuum** (no particles), sound waves do not travel in space.

Sound waves within the range of 20Hz to 20kHz can usually be detected by the human ear.

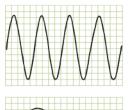


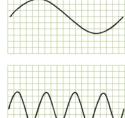
Vibrations are passed along air particles down the ear canal and to the ear drum. The ear drum vibrates and transmits this to the small ear bones and then along the cochlea. The cochlea carries the vibrations to the auditory nerve which carries the sound wave as an electrical impulse to the brain.

Characteristics of a sound wave can be identified from an **oscilloscope** trace of the sound wave. The trace shows oscillations and wavelength of the sound wave. A **shorter wavelength** results in a **high-pitched** (high frequency) sound. A **greater height** of oscillations indicates a **higher amplitude** (volume) of the sound wave.



low frequency, low amplitude





low frequency, high amplitude

high frequency, low amplitude

Waves for Detection and Exploration (Higher tier only)

Waves can be used to detect objects underwater, in the earth and even inside the human body.

Sonar systems used to explore **deep seas** use **high-frequency sound waves**. A sound wave is sent out from the device through the water and the **time taken** for the pulse to **reflect** from the surface is measured. The time taken with the speed of **sound in water** is used to find the **distance** of the object.

The equation used is:

distance (m) = speed (of sound) (m/s) × time (s)





Volcanoes, earthquakes and explosions cause **seismic** waves to travel through the earth. There are two different types of seismic waves: **S-waves** and **P-waves**.

- P-waves are longitudinal waves which travel relatively quickly through solids and liquids.
- S-waves are transverse waves and they travel slower and only in solids.

Seismic waves can **change direction** when they are **reflected** or **refracted** at the boundary of different media (solid, liquid or gas). The **epicentre** of an earthquake can be found by calculating the difference in time taken for S- and P-waves to reach a certain point. Since the waves can change direction, at least three points are used to **triangulate** the data and pinpoint the source (where they all intercept).

The study of seismic waves has given scientists new **evidence** about the structure of the earth in parts which are not visible for direct observations.

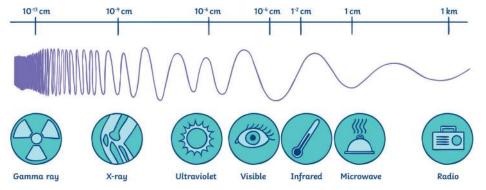
Ultrasound waves are sound waves which have a higher frequency than the range which is detectable by the human ear. When the waves reach a boundary between different media, they are partially reflected and a detector is used to measure the time taken and calculate the distance. Ultrasound is used for medical and industrial imaging.



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The Electromagnetic Spectrum

Electromagnetic waves transfer energy from a source to an **absorber** as **transverse** waves. The different waves are grouped depending on their **frequency** and form a continuous spectrum known as the **electromagnetic spectrum**. Each of the frequencies of waves travel at the same **velocity** and can pass through a **vacuum** as well as **air**.



Frequency	Wave	Use	Other Information
Low	radio waves	Communication via television and radio, and satellite communications.	Easily transmitted through air and can be reflected to change their direction. Harmless if absorbed by the human body. Are reflected back off the atmosphere and cannot pass through into space.
	microwaves	Communications including satellite communications and cooking food.	When the molecules absorb microwaves, their internal energy increases. This can be harmful when internal body cells become heated by over exposure to microwaves. Can pass through the atmosphere and into space.
	infrared	Short-range communications (remote controls), electrical heaters, cooking food, optical fibres, security systems and thermal imaging cameras.	It can cause burns to skin.
	visible light	Used for lighting, photography and fibre optics.	Frequency range that is detectable by the human eye.
	ultraviolet	Sterilising water and killing bacteria. Detecting forged bank notes.	Causes skin tanning and can lead to burns or skin cancer.
	X-rays	Medical imaging and airport security scanners.	Very little energy is absorbed by body tissues. Instead, it is transmitted
High	gamma rays	Sterilising medical equipment or food and treatment for some cancers.	through the body. These waves can lead to gene mutation and cancer.

You can remember the order of the electromagnetic spectrum easily with the phrase:

Roman men invented very unusual X-ray guns.



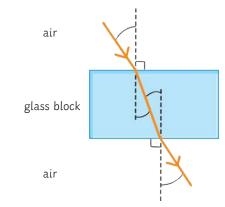


Properties of Electromagnetic Waves

You should be able to complete or construct a ray diagram to show how a wave is refracted at the boundary of a different medium.

As the wave moves **to** a more dense medium (e.g. from gas to solid), it slows down and bends so that the angle from the normal becomes smaller. The angle of incidence is larger than the angle of refraction.

As the wave moves **from** a more dense medium (e.g. from solid to gas), it speeds up and bends so that the angle from the normal becomes larger. The angle of refraction is larger than the angle of incidence.



The angle at which a wave enters the glass block is equal to the angle that it leaves the glass block (when entering and leaving the same medium); however, if a wave crosses a boundary between two mediums at an angle of 90°C, then it will not change direction but instead carry on in a straight line.

Gamma rays occur as the result of changes to the nuclei of atoms and atoms themselves. It is a form of radiation and the waves can be generated and absorbed across a wide range of frequencies.

UV, X-rays and gamma are all types of radiation and can be harmful to human health; they cause damage to human body tissues. The severity of the damage caused depends on the dose of radiation a tissue or cell is exposed to. Radiographers and dentists who routinely carry out X-ray examinations wear a device to monitor the amount of exposure and ensure they are within a safe limit.

X-rays and gamma rays are ionising and can cause mutations to genes which may result in cancer.

UV waves can cause the skin to burn and age prematurely. UV exposure also increases the risk of developing skin cancer.

Radio Waves (Higher tier only)

Oscillations in electrical circuits can produce radio waves which when absorbed by a conductor, produce an alternating current.

The alternating current has the same **frequency** as the radio wave and so information can be coded for transmission. This is how **television** and **radio** are broadcast.

Temperature of the Earth (Higher tier only)

The temperature of the earth depends on:

- The rate at which light radiation and infrared radiation are absorbed by the earth's surface and atmosphere.
- The rate at which light radiation and infrared radiation are emitted by the earth's surface and atmosphere.

Light and infrared radiation absorbed by the earth cause the **internal energy** of the planet to **increase** and in turn, the surface of the earth **increases in temperature**.

Energy from the surface of the earth can be transferred to the atmosphere by conduction and convection.

The **infrared** radiation **emitted** from the earth's surface will either travel through the atmosphere and back into **space** or it will be **absorbed** (and **reflected**) by the **greenhouse** gases in the earth's atmosphere.

Visible Light



The colours of the visible spectrum can be remembered with the rhyme $\underline{Richard\ Qf\ York\ Gave\ Battle\ In\ Vain}$ (red - orange - yellow - green - blue - indigo - violet).

These are all the **wavelengths** which are visible and detectable by the **human eye**. Each colour has a narrow range of wavelength and frequency within the spectrum.

White light is the combination (full spectrum) of wavelengths in the visible light region of the electromagnetic spectrum.



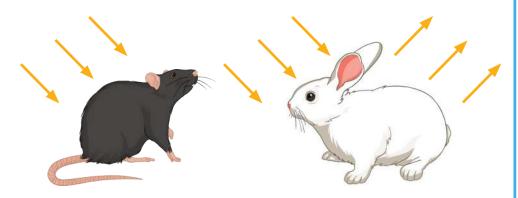


A **colour filter** absorbs some wavelengths and only transmits certain wavelength(s). This means that a filter will absorb some colours and transmit others.

For example, a red filter absorbs all other colours in the spectrum except red, which it transmits.

An object which is transparent (see-through) or translucent (partially see-through) can transmit light.

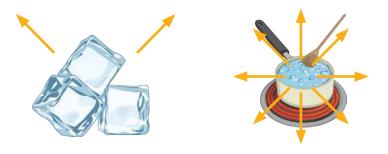
Opaque objects reflect and absorb light. The wavelengths which are reflected or absorbed determine the colour which the object is perceived.



For example, an object which absorbs all wavelengths will appear black. An object which reflects all wavelengths will appear white. An object which reflects only green colour wavelengths and absorbs the others will appear green.

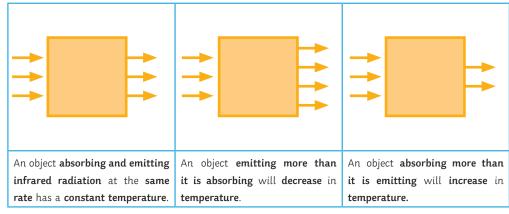
Black Body Radiation

All objects **emit** and **absorb infrared radiation**. The hotter an object is, the greater the amount of radiation emitted.



An object which absorbs all the radiation it is exposed to is called a **perfect black body**. No radiation is reflected from or transmitted through it. A perfect black body would be the most **effective emitter** as an object which is a good absorber is also a good emitter.

(Higher tier only)







Lenses

Lenses use **refraction** in order to work. **Projectors, microscopes** and **telescopes** all use lenses to allow an object or image to be enlarged or viewed more easily.

The **human eye** contains a lens which enables us to see objects at a range of distances

Depending on the type of **lens**, the light waves will be **refracted** differently to produce a different image.

The two main lenses are **convex lenses** and **concave lenses**. The table below compares them briefly.

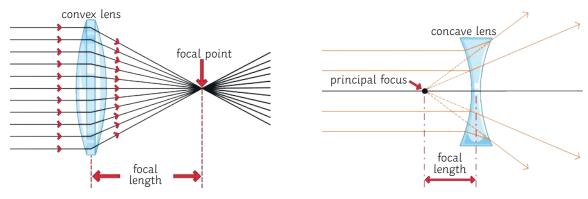
convex lens	Lens	concave lens
← →	Ray Diagram	><
	Illustration	
Causes parallel waves to converge at the principal focus.	Action	Causes parallel waves to diverge from the principal focus.
real or virtual	Type of Image	always virtual

A **real image** is when light reflected from an object **converges** to form an image on a surface. For example, on the retina of the human eye.

A **virtual image** occurs when the light waves are **diverging** and so appears to be coming from a different place. A virtual image cannot be projected onto a screen. For example, a mirror produces a virtual image.

A magnifying glass uses a converging (convex) lens. It produces a virtual image which appears larger than the actual object. The magnification can be calculated using the equation:

An imaginary horizontal line through the middle of the lines is called the axis and this is where the principal focus forms. In a convex lens, the light rays enter the lens parallel to one another and then converge at the principal focus after the lens. In a concave lens, the light rays enter the lens parallel to one another and then diverge. The principal focus is the virtual source of the diverging rays before the lens.



power (D) =
$$\frac{1}{\text{focal length (m)}}$$

- D stands for dioptres which is the unit of measurement for lens power.
- In a converging lens the power is a positive value.
- In a diverging lens the power is a negative value.

Focal length depends on two factors: the **refractive index** of a material and how **curved** the surfaces of the lenses are. A higher refractive index makes the lens **flatter** in shape. To make a powerful lens thinner, a material with a higher refractive index can be used.

Objects which are a distance greater than one focal length away from a converging lens will produce a real image. Objects which are closer than one focal length from the converging lens will produce a virtual image.

The lens equation can be used to show the relationship between focal length, position of the object and position of the image:

$$\frac{1}{\text{focal length}} = \frac{1}{\text{distance between lens and object}} + \frac{1}{\text{distance between lens and image}}$$

This equation can also be written as:

$$\frac{1}{f} = \frac{1}{u} + \frac{1}{v}$$

