

Monday		Dietary	Allergens
Soup	Tomato and Basil	VE, GF	
Main	Chilli Con Carne, Steamed Rice	GF 	
Pot Meal	Chicken and Bacon Carbonara		G, D
Vegetarian	Vegetable Burger, Basil Aioli	GF	E
Hot pudding	Chocolate Sponge	V,	G, D, E
Pizzini	Spicy Chicken or Cheese and Tomato	V	D, G

Tuesday		Dietary	Allergens
Soup	Courgette Pea and Mint	VE, GF	
Main	Beef Lasagne		D, G
Pot Meal	Chicken Curry, Naan Bread	GF 	G
Vegetarian	Chunky Vegetable Jambalaya	VE, GF	
Hot pudding	Mixed Crumble	V	D, G,
Panini	Pepperoni or Cheese and Tomato		D, G

Wednesday		Dietary	Allergens
Soup	Cajun Style Mixed Bean	VE, GF	
Main	Roast Beef, Yorkshire Pudding	GF Option	G
Pot Meal	Mac & Cheese	V	D
Vegetarian	Stuffed Jacket Potatoes	VE	
Hot pudding	Lemon Sponge	V	D, G, E
Panini	Spicy chicken or Cheese and tomato		D, G,

Thursday		Dietary	Allergens
Soup	Thai Sweet Potato	VE, GF	
Main	Cajun Chicken, Savoury Rice, Tomato & Roast Pepper Sauce		
Pot Meal	Beef Chow Mein		G,E,S
Vegetarian	Vegetable Cottage Pie	V, GF	D,
Hot pudding	Banana Bread, Toffee Sauce		D, G,
Panini	Pesto Chicken or Cheese & Tomato	V	D, G,

Friday		Dietary	Allergens
Soup	Vegetable	VE, GF	
Main	Fish and Chips, Minty Mushy Peas		F
Pot Meal	Southern Fried Chicken Burger, Tex Mex Coleslaw		G, E
Vegetarian	Roast Vegetable Pizza	V, GF	D
Hot pudding	Rice Pudding, Mixed Fruit Jam		D
Pizzini	Spicy Chicken or Cheese and Tomato		D, G