

Mon		Dietary	Allergens	May Contain
Soup	Spinach and Leek	V, VE, GF		
Main	Vegetable Tikka Masala	V, GF	D	
Pot Meal	Lentil & Quorn Bolognese	V	G, E	
Vegetarian	Macaroni Cheese	V	G, D	
Pudding	Dutch Apple Tart		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Dietary & Allergen Information

Tue		Dietary	Allergens	May Contain
Soup	Masala Cauliflower	V, VE, GF		
Main	Spanish Chicken	GF		
Pot Meal	Cumberland Sausage		G	
Vegetarian	Cheese & Onion Pie	V	D, E, G	
Pudding	Lemon Sponge Pudding	V	D, E, G	
Panini	Pepperoni or Pesto vegetables		D, G	

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya **SD**: Sulphur dioxide / **SE**: Sesame Seeds

Wed		Dietary	Allergens	May Contain
Soup	Tomato and Basil	V, VE, GF		
Main	Lamb and Mint Pie		E, G	
Pot Meal	Beef Nachos	GF	D	
Vegetarian	Vegetarian Sausage	V, VE	G	
Pudding	Jam & Coconut Sponge Pudding	V	D, E, G	
Panini	Cheese & Ham or Cheese & Onion		D, G	

Thu		Dietary	Allergens	May Contain
Soup	Carrot and Lentil	V, VE, GF		
Main	Beef and Vegetable Casserole	GF		
Pot Meal	Chicken & Ham Pasta		G, D	
Vegetarian	Mediterranean Puff Pastry Tart	V	G	
Pudding	Apple Pie		D, G	
Panini	Chicken & Pesto or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Hot and Sour	V, VE, GF	S	
Main	Fish Cakes		G, F	
Pot Meal	Spaghetti Meatballs		G	
Vegetarian	Sweet chilli vegetable with Rice	V, VE, GF		
Pudding	Sticky Toffee Pudding		D, E, G	
Panini	Chicken Burritos or Vegetable Burritos		D, G	