






Monday		Dietary	Allergens	May Contain
Soup	Tomato and Basil	V, VE, GF		
Main	Chicken & Mushroom Pie 		D, G	
Pot Meal	Chilli Con Carne	GF		
Vegetarian	Vegetable Lasagne	V	D, G	
Pudding	Chocolate Sponge	V	D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Carrot and Coriander	V, VE, GF		
Main	Chicken & Chorizo Pasta		D, G,	S
Pot Meal	Beef Chow Mein with Egg Noodles 		E, G, S, SE	
Vegetarian	Vegetable Pasta Bake	V, GF	D	
Pudding	Vanilla and Rhubarb Sponge Pudding		D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Leek & Potato	V, VE, GF		
Main	Roast Pork	GF		
Pot Meal	Chinese Chicken & Rice 		G, MU	P, SE
Vegetarian	Jacket Potato & Creamy Garlic Mushrooms	V	D, G	
Pudding	Ginger Sponge Pudding	V	D, E, G	
Panini	Steak Bake or Cheese & Tomato	V	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Spicy Mix Bean	V, VE, GF		
Main	Cottage Pie	GF		
Pot Meal	Chicken & Bacon Carbonara with Tagliatelle		D, G	
Vegetarian	Vegetarian Cottage Pie	GF	E	
Pudding	Apple and Mixed Fruit Crumble		D, G	
Panini	Chicken Pesto or Cheese & Tomato 	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Smoked Salmon Pasta and Potato Wedges		G, F	C
Pot Meal	Chicken Gyros 		G	
Vegetarian	Vegetable Thai Curry and Rice	V, VE, GF		
Pudding	Rice Pudding		D	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds



Please note that the chicken in all our sandwiches is **Halal**