





Monday		Dietary	Allergens	May Contain
Soup	Broccoli	V, VE, GF		
Main	Turkey & Ham Pie		D, G, MU	
Pot Meal	Chicken & Pepper Pasta Bake	GF	D	
Vegetarian	Cheese & Spring Onion Quiche	V	D, E, G	
Pudding	Ginger Sponge Pudding	V	D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Tomato	V, VE, GF		
Main	Chicken Fajita		G	
Pot Meal	Beef Lasagne		D, G	
Vegetarian	Vegetable Bolognese	V, VE, GF		
Pudding	Lemon Sponge Pudding	V	D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Carrot and Ginger	V, VE, GF		
Main	Roast Pork	GF		
Pot Meal	Beef Ragu with Pasta		G	
Vegetarian	Bruschetta on Sourdough bread	V, VE	G	
Pudding	Jam & Coconut Sponge Pudding	V	D, G	
Panini	Spicy Chicken or Cheese & Tomato	V 	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Sweet Potato	V, VE, GF		
Main	Savoury Mince Turkey & Yorkshire Pudding		D, E, G	
Pot Meal	Chicken Chow Mein		E, G, S	
Vegetarian	Vegetable Burritos	V	D, G	
Pudding	Chocolate Sponge Pudding	V	D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Southern Fried Chicken		CE, G	D, E, SE, S
Pot Meal	Sweet Chilli Pork & Pepper Noodles		E, G	
Vegetarian	Vegetable Cottage Pie	GF		
Pudding	Rice Pudding	GF	D	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	