



Prince Henry's  
Grammar School

**SIXTH FORM**

# BTEC National Diploma in Sport

**Course Leader:** Mr D Hyam

## Why Study BTEC Level 3 National Diploma in Sports (Performance and Excellence)?

Year on year the sport and active leisure sector outperforms the rest of the UK economy. This has been a trend since the end of the economic recession of the late 1990s, and researchers predict will continue to be the case for years to come, long after the sports legacy of the London 2012 Olympic and Paralympics Games and the 2015 Rugby World Cup.

### Course Content and Assessment

The BTEC National in Sport provides an introduction to the sector for students looking to build a career in sport. It is a course for people who enjoy practical activities and have a genuine interest in sport. The BTEC Diploma in Sports Performance and Excellence allows students to select optional units that reflect their aspirations and the diverse nature of the sector. The Edexcel BTEC Level 3 Diploma in Sports and Excellence is a qualification that is largely coursework based though consists of an exam at the end of each year. There are a total of 9 units covered across 2 years, 6 mandatory units plus 3 external units. It is equivalent to two A Level qualifications.

#### Units to be covered:

- Anatomy and Physiology (Exam) (EM) / Sports Leadership (M)
- Fitness Training and Programming for Health, Sport and well-being (Exam) (EM)
- Professional Development in the Sports Industry (M) / Skill Acquisition in Sport (M)
- Sports Leadership (O)
- Sports Psychology (O)
- Investigating Business in Sport and the Active Leisure Industry (EM)
- Sports Injury Management (O)



|                            |   |                      |
|----------------------------|---|----------------------|
| (M) – Mandatory Units (EM) | (EM) – Externally Examined Mandatory Unit | (O) – Optional Units |
|----------------------------|---|----------------------|

Delivery strategies are designed to reflect the nature of employment within sport wherever possible and encourage students to research and carry out assessment in simulated working conditions. Students are expected to take responsibility for their own learning and achievement, taking into account industry standards for behaviour and performance.

## Progression Routes

BTEC Nationals are designed to provide highly specialist work-related qualifications in a range of vocational sectors. They give students the knowledge, understanding and skills that they need to prepare for employment. The qualifications also provide career development opportunities for students to higher education, degree and professional development programmes. BTEC Nationals accredit the achievement for courses and programmes of study for full time or part time learners in schools, colleges and other training provider organisations.

On successful completion of a BTEC National qualification, a student can progress to or within employment and/or continue their study in the same, or a related, vocational area.

## Entry Requirements

The BTEC qualification is assessed continually. It is therefore essential that students have an appropriate attitude to learning, and particularly towards attendance. Although it is not necessary to be a practically able performer, students must have a passion for sport and have achieved at least grade 4 in GCSE PE, if taken, plus preferably a grade 4 in English and Maths.