

Monday		Dietary	Allergens	May Contain
Soup	Beetroot, Chilli and Coconut	V, VE, GF		
Main	Chicken and Chorizo Pitta		D, G	
Pot Meal	Beef Nachos	GF	D	
Vegetarian	Thai Fried Rice	V, VE, GF		
Pudding	Lemon Sponge Pudding	V	D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tuesday		Dietary	Allergens	May Contain
Soup	Leek & Potato	V, VE, GF		
Main	Chicken Korma	GF		
Pot Meal	Spaghetti & Meatballs		G	
Vegetarian	Cheese, Tomato and Basil Tart		G, E,	
Pudding	Apple & Mixed Fruit Crumble		D, E, G	
Panini	Pepperoni or Cheese & Tomato	V	D, G	

Wednesday		Dietary	Allergens	May Contain
Soup	Courgette, Pea & Mint	V, VE, GF		
Main	Roast Pork	GF		
Pot Meal	Spaghetti with Chicken, Lime, Basil and Chilli		G	
Vegetarian	Gnocchi with Tomato Pesto	V, VE	G, D	
Pudding	Bakewell Tart		D, E, G	
Panini	Spicy Chicken or Cheese & Tomato	V	D, G	

Thursday		Dietary	Allergens	May Contain
Soup	Tomato & Basil	V, VE, GF		
Main	Beef Stew			
Pot Meal	Chicken Chow Mein		E, G, S, SE	
Vegetarian	Vegetarian Chilli stuffed Jackets	V, VE, GF		
Pudding	Apple and Cinnamon Crumble		D, G	
Panini	Chicken Pesto or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Fish and Chips		D, G, F	C
Pot Meal	Chicken Burger, Mayo and Lettuce		E, G	
Vegetarian	Sweet Chilli Vegetables & Rice	V, VE, GF		
Pudding	Rice Pudding		D	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds