

Mon		Dietary	Allergens	May Contain
Soup	Spinach and Leek	V, VE, GF		
Main	Vegetable Tikka Masala	V, GF	D	
Pot Meal	Quorn Bolognese & Red Pepper	V	G, E	
Vegetarian	Macaroni Cheese	V	G, D, MU	
Pudding	Pudding of the Day		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Tue		Dietary	Allergens	May Contain
Soup	Cauliflower and Thyme	V, VE, GF		
Main	Cumberland Sausage		G	
Pot Meal	Spanish Chicken	GF		
Vegetarian	Cheese & Onion Pie	V	D, E, G, MU	
Pudding	Pudding of the Day		D, E, G	
Panini	Pepperoni or Pesto vegetables		D, G	

Wed		Dietary	Allergens	May Contain
Soup	Tomato and Basil	V, VE, GF		
Main	Chicken, Leek & Bacon Pie		D, E, G	
Pot Meal	Beef Nachos	GF	D	
Vegetarian	Vegetarian Sausage	V, VE	G	
Pudding	Pudding of the Day		D, E, G	
Panini	Steak Bakes or Cheese & Tomato		D, G	

Thu		Dietary	Allergens	May Contain
Soup	Carrot and Cumin	V, VE, GF		
Main	Beef and Vegetable Casserole	GF		
Pot Meal	Chicken & Ham Pasta		G, D	
Vegetarian	Mediterranean Puff Pastry Tart	V	G	
Pudding	Pudding of the Day		D, G	
Panini	Chicken & Pesto or Cheese & Tomato	V	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF	S	
Main	Fish Cakes		G, F	
Pot Meal	Spaghetti Meatballs		G	
Vegetarian	Sweet chilli vegetable with Rice	V, VE, GF		
Pudding	Pudding of the Day		D, E, G	
Panini	Cheese and Tomato or Spicy Chicken		C, D, G	S, MU

Dietary & Allergen Information

Suitable for **V**: Vegetarian **VE**: Vegan **GF**: Gluten Free

Allergen Information Key:

RED: Contains

Amber: May Contain

C: Crustaceans / **CE**: Celery / **D**: Dairy / **E**: Eggs / **F**: Fish

P: Peanuts / **G**: Gluten / **L**: Lupin / **N**: Nuts / **MO**: Molluscs

MU: Mustard / **S**: Soya / **SD**: Sulphur dioxide / **SE**: Sesame Seeds

Week Two