Monday		Dietary	Allergens
Soup	Leek and Potato	VE, GF	
Main	Chicken, Roast Pepper and Tomato pasta Bake		D, G
Pot Meal	Chilli Con Carne	GF	
Vegetarian	Creamy Garlic Mustard Vegetables	GF, V	D, M
Hot pudding	Lemon Drizzle Cake	V,	G, D, E
Pizzini	Spicy Chicken or Cheese and Tomato	V	D, G

Tuesday		Dietary	Allergens
Soup	Beetroot, Coconut and Chilli	VE, GF	
Main	Braised Beef Stew, Herb Dumplings, Crushed new potatoes	GF option	G
Pot Meal	Mac and Cheese Crispy Bacon		G, D, M
Vegetarian	Mixed vegetable Korma	V, GF	D
Hot pudding	Apple and Cinnamon Crumble	V	D, G,
Panini	Pepperoni or Cheese and Tomato		D, G

Wednesday		Dietary	Allergens
Soup	Tomato, Roast Pepper and Basil	VE, GF	
Main	Honey Mustard Roast Pork, Roasted Roots, Buttered New Potatoes	GF	M, D
Pot Meal	Salt and Pepper Chicken, Fried Rice, Curry Sauce		G, M, S, SE
Vegetarian	Mushroom and halloumi Burger	V,	D, G, E
Hot pudding	Sticky Toffee Pudding	V	D, G, E
Panini	Spicy chicken or Cheese and tomato		D, G,

Thursday		Dietary	Allergens
Soup	Minestrone	VE, GF	
Main	Cumberland sausage, Mash and Onion Gravy	GF	
Pot Meal	Lasagne, Garlic Bread		G, D, M
Vegetarian	Cheese Onion and Potato Pie		D, G, M,E
Hot pudding	Chocolate Sponge, Pink Custard	V	D, G, E
Panini	Meatball Sub or Cheese & Tomato	V	D, G,

Friday		Dietary	Allergens
Soup	Vegetable	VE, GF	
Main	Jerk Chicken, Corn On The Cob, Savoury Rice		
Pot Meal	Fish Butty, Little Gem Lettuce, Tartare sauce		G, D, E
Vegetarian	Sweet Chilli Stuffed Jacket Potatoes	GF	D
Hot pudding	Rice Pudding		D
Pizzini	Spicy Chicken or Cheese and Tomato		D, G