




Mon		Dietary	Allergens	May Contain
Soup				
Main				
Pot Meal				
Vegetarian				
Pudding				
		V	D, G	

Tue		Dietary	Allergens	May Contain
Soup	Spiced Parsnip	V, VE, GF		
Main	Potato and White Fish Gratin		D, G, F	
Pot Meal	Chicken & Sweet Potato Curry		D, G	
Vegetarian	Vegetable Chilli	V, VE, GF		
Pudding	Chocolate Sponge Pudding		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	

Wed		Dietary	Allergens	May Contain
Soup	Tomato & Basil	V, VE, GF		
Main	Roast Pork Loin with Sage & Onion Stuffing		G	
Pot Meal	Chicken Chow Mein		E, G, S	
Vegetarian	Thai Green Vegetable Curry	V, GF		
Pudding	Jam & Coconut Sponge pudding		D, E, G	
Panini	Spicy Chicken or Cheese & Tomato	V 	D, G	

Thu		Dietary	Allergens	May Contain
Soup	Pea & Mint	V, VE, GF		
Main	Cottage Pie	GF		
Pot Meal	Spaghetti Meatballs		G	
Vegetarian	Stuffed Peppers	V, VE, GF		
Pudding	Mixed Fruit Crumble		D, G	
Panini	Chicken Pesto or Cheese & Tomato	V 	D, G	

Friday		Dietary	Allergens	May Contain
Soup	Vegetable	V, VE, GF		
Main	Roast Chicken with Smoked Bacon & Leek Sauce	GF	D	
Pot Meal	Cajun Chicken with Wedges and Coleslaw	GF 	D	
Vegetarian	Cheese & Onion Pie	V	G, D	
Pudding	Toffee Apple Sponge		D, E, G	
Pizzini	Cheese & Tomato or Spicy Chicken	V	D, G	