



**Updated guidance based on the Government's
"Living with COVID-19" strategy (1st April 2022)**

Attendance at school

The Government has now replaced its previous advice with more general guidance relating to all respiratory infections (which include COVID-19). It has also updated the guidance for people who have tested positive for COVID-19. Full details are available [here](#). In summary:

Students (aged 18 and under) who have symptoms* of a respiratory infection, including COVID-19 (but who have not tested positive for COVID-19)

If your child...	They...
<ul style="list-style-type: none"> has mild symptoms such as a runny nose, sore throat, or slight cough, but is otherwise well 	can continue to attend school.
<ul style="list-style-type: none"> is unwell (with symptoms* of a respiratory infection) AND has a high temperature 	MUST stay at home. They can return to school when they no longer have a high temperature <u>and</u> they are well enough to attend.

Note: It is no longer recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

Members of staff / adults who have symptoms* of a respiratory infection, including COVID-19 (but who have not tested positive for COVID-19)

If the person...	They...
<ol style="list-style-type: none"> has symptoms* of a respiratory infection (such as COVID-19) AND either has a high temperature OR does not feel well enough to attend school 	MUST stay at home until they no longer have a high temperature (if they had one), or until they no longer feel unwell.

People who have received a positive test result for COVID-19

If your child (aged 18 and under) receives a positive COVID-19 test result	They MUST stay at home for 3 days from <i>after</i> the day they took their test. At the end of this period, they can return to school <u>unless</u> they still have a high temperature or feel unwell.
If a member of staff / adult receives a positive COVID-19 test result	They MUST stay at home for 5 days from <i>after</i> the day they took their test. At the end of this period, they can return to school <u>unless</u> they still have a high temperature or feel unwell.

***Symptoms** of COVID-19, flu and common respiratory infections include:

- continuous cough
- high temperature, fever or chills
- loss of, or change in, your normal sense of taste or smell
- shortness of breath
- unexplained tiredness, lack of energy
- muscle aches or pains that are not due to exercise
- not wanting to eat or not feeling hungry
- headache that is unusual or longer lasting than usual
- sore throat, stuffy or runny nose
- diarrhoea, feeling sick or being sick