

KS3 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

DEVELOPING BASIC SKILLS AND FEEDBACK IN A RANGE OF ACTIVITIES													
YEAR 7	w/c 4 th Sept w/c 11 th Sept	w/c 18 th Sept	w/c 23 rd Oct	w/c 6 th Nov	w/c 13 th Nov	w/c 11 th Dec	w/c 18 th Dec	w/c 29 th Jan	w/c 4 th Mar	w/c 15 th April	w/c 22 nd April		Final 3 Weeks
		5 Weeks			4 Weeks	4 Weeks (Split by Christmas)		4 Weeks (Split by Feb half term)	4 Weeks		10 Weeks (Alternate between Athletics/Striking/Fielding)		
Group 1 Girls	Induction/Intro to Warming Up/Aerobic/Anaerobic Fitness + Inter form cross country	Netball 1 Netball Courts / S Hall	Rugby/ Netball/ Swim Inter Form Comps – Last week of half term	High Quality Feedback in PE using ipads	Swimming Strokes 1 Pool	Gymnastics 1 Gym	Traditional Dancing - Last week of Autumn term	Rugby 1 3G Pitch	Badminton 1 Sports Hall	Football / Badminton/Cross Fit Comps – First week of summer term	Athletics 1 Gym/Fields	Rounders 1 Fields/3G Pitch	Diversity festival and Olympic Day prep
Group 2 Girls (Not Spanish mini school)		Netball 1 Netball Courts / S Hall			Football 1 3G Pitch	Swimming Strokes 1 Pool		Gymnastics 1 Gym	Dance 1 Gym		Athletics 1 Gym/Fields	Rounders 1 Fields/3G Pitch	
Group 1 Boys		Rugby 1 3G Pitch			Badminton 1 Sports Hall	Football 1 3G Pitch		Life Fitness 1 PE2	Swimming Strokes 1 Pool		Cricket 1 Sports Hall/ 3G Pitch?	Athletics 1 Gym/Fields	
Group 2 Boys		Rugby 1 3G Pitch			Football 1 3G Pitch	Badminton 1 Sports Hall		Swimming Strokes 1 Pool	Life Fitness 1 PE2		Rounders 1 Fields/3G Pitch	Athletics 1 Gym/Fields	
Group 3 Mixed		Swimming Strokes 1 Pool			Dodgeball 1 Gym	Life Fitness 1 PE2/ Outside		Table Tennis 1/ Orienteering 1 Main Hall/ Outside	Football 1 3G Pitch		Athletics 1 Gym/Fields	Rounders 1 Fields/3G Pitch	
Wet weather area		Gym/ Main Hall/PE2			Main Hall/PE2	3G		Gym	Main Hall		Gym/ PE2/ Main Hall	Gym/ PE2/ Main Hall	

KS3 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

APPLYING SKILLS AND COMMUNICATION IN A RANGE OF ACTIVITIES													
YEAR 8	w/c 4 th Sept w/c 11 th Sept	w/c 18 th Sept	w/c 23 rd Oct	w/c 6 th Nov	w/c 13 th Nov	w/c 11 th Dec	w/c 18 th Dec	w/c 29 th Jan	4 th March	w/c 15 th April	w/c 22 nd April		Final 3 Weeks
		5 Weeks			4 Weeks	4 Weeks (Split by Christmas)		4 Weeks (Split by Feb half term)	4 Weeks		10 Weeks (Alternate between Athletics/Striking)		
Group 1 Girls	Induction/Intro to Communication Skills + Inter form Leadership Competition	Netball 2 Netball Courts	High Quality Leadership in PE – Last week of half term	Rugby/Netball/ Swim Inter Form – First week of half term	Dance 1 Gym	Swimming Strokes 2 Pool	Traditional Dancing - Last week of Autumn term	Football 1 3G Pitch	Life Fitness 1 PE2/Outside	Football / Badminton/ Dance Comps – 1st week summer term	Athletics 2 Gym/Fields	Rounders 2 Fields/3G Pitch	Diversity festival and Olympic Day prep
Group 2 Girls		Swimming Strokes 2 Pool			Netball 2 Sports Hall/ Netball Courts	Rugby 1 3G Pitch		Life Fitness 1 Gym	Dance 1 Gym		Athletics 2 Gym/Fields	Rounders 2 Fields/3G Pitch	
Group 1 Boys		Rugby 2 3G Pitch			Badminton 2 Sports Hall	Football 2 3G Pitch		Swimming Strokes 2 Pool	Basketball 1 Sports Hall		Cricket/ Rounders 2 Fields/3G Pitch	Athletics 2 Gym/Fields	
Group 2 Boys		Table Tennis 1 Main Hall			Football 2 3G Pitch	Life Fitness 2 PE2/Gym		Basketball 1 Sports Hall	Swimming Strokes 2 Pool		Rounders 2 Fields/3G Pitch	Athletics 2/ Rounders 2 Fields	
Group 3 Mixed (French mini school)		Basketball 1 Sports Hall			Swimming Strokes 2 Pool	Table Tennis 2 Sports Hall		Life Fitness 2 PE2/Outside	Football 2/ Touch Rug 1 3G Pitch		Athletics 2 Gym/Fields	Rounders 2 Fields/3G Pitch	
Wet weather area		Gym/ Main Hall/PE2			Main Hall/PE2	Main Hall?		PE2	Main Hall /Gym		Gym/ PE2/ Main Hall	Gym/ PE2/ Main Hall	

KS3 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

APPLYING AND DEVELOPING LEADERSHIP TACTICS AND STRATEGIES													
YEAR 9	w/c 4 th Sept w/c 11 th Sept	w/c 18 th Sept	w/c 23 rd Oct	w/c 6 th Nov	w/c 13 th Nov	w/c 11 th Dec	w/c 18 th Dec	w/c 29 th Jan	4 th March	w/c 15 th April	w/c 22 nd April	Final 3 Weeks	
		5 Weeks			4 Weeks	4 Weeks (Split by Christmas)		4 Weeks (Split by Feb half term)	4 Weeks		10 Weeks (Alternate between Athletics/Striking)		
Group 1 Girls	Induction/Intro to Communication Skills + Inter form Orienteering Competition	Netball 3 Netball Courts	High Quality Communication and Officiating in PE	Rugby/Netball/ Swim Inter Form Comps – First week of half term	Swim Fit 3 / Water Polo1 Pool	Life Fitness 2 PE2/Gym	Festive Dancing - Last week of Autumn term	Rugby 2/ Football 2 3G Pitch	Badminton 2 Sports Hall	Football / Badminton/ Cheer Comps – 1 st Week summer term	Athletics 3 Gym/Fields	Rounders 3 Fields/3G Pitch	Diversity festival and Olympic Day prep
Group 2 Girls		Badminton 2 Sports Hall			Netball 3 Sports Hall/ Netball Courts	Swim Fit 3 / Water Polo1 Pool		Life Fitness 2 PE2/Gym	Rugby 2/ Football 2 3G Pitch		Athletics 3 Gym/Fields	Rounders 3 Fields/3G Pitch	
Group 1 Boys		Rugby 3 3G Pitch			Netball 1 Sports Hall/ Netball Courts	Table Tennis 1 Sports Hall		Life Fitness 2 PE2/Main Hall	Swim Fit 3 / Water Polo1 Pool		Softball 1 3G Pitch	Athletics 3 Gym/Fields	
Group 2 Boys		Swim Fit 3 / Water Polo1 Pool			Table Tennis 2 Main Hall	Rugby 2 3G Pitch		Badminton 2 Sports Hall	Life Fitness 2 PE2		Softball 1 3G Pitch	Athletics 3 Gym/Fields	
Group 3 Mixed (French mini school)		Dodgeball 2 Gym			Football 2 3G Pitch	Badminton 2 Sports Hall		Swim Fit 3 / Water Polo1 Pool	Table Tennis 2 Main Hall		Life Fitness 2 PE2	Softball 1/ Athletics 3 Fields	
Wet weather area		PE2/ Main Hall			PE2/Gym	Main Hall?		Main Hall	Main Hall		Gym/ Main Hall	Gym/ PE2/ Main Hall	