

KS4 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

PARTICIPATION / LEADERSHIP AND APPLICATION OF SKILLS FROM KS3							
YEAR 10 (F)	3 rd September – 25 th October 2019	4 th November – 20 th December 2019	6 th January – 14 th February 2020	24 th February – 3 rd April 2020	20 th April – 22 nd May 2020	1 st June – 3 rd July 2020	6 th July – 17 th July 2020
	7 Weeks	6 Weeks	5 Weeks	5 Weeks	6 Weeks	5 Weeks	2 Weeks
TEACHER	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	Diversity festival, International Day and Olympic Day prep.
	RUGBY	CLUB ENERGY	TABLE TENNIS	CLUB ENERGY	WATER POLO	VOLLEYBALL	
	WORLD SPORTS	FOOTBALL (Boys)	CLUB ENERGY	FOOTBALL	ROUNDERS 2	SOFTBALL	
	GIRLS NETBALL 2	ZUMBA	MIXED NETBALL	DANCE (Compulsory for GCSE pupils if taking Dance as practical option)	ROUNDERS 1	ROUNDERS 1	
	GIRLS NETBALL (Compulsory for GCSE pupils if taking Netball as practical option)	FOOTBALL (Girls)	GIRLS RUGBY	CLUB ENERGY	GCSE PE Pupils ONLY - ATHLETICS	DANCE	
	BADMINTON	GCSE PE Pupils ONLY - BADMINTON	BOXING	DODGEBALL	CHEERLEADING	ROUNDERS 2	

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	7 Weeks	6 Weeks	5 Weeks	5 Weeks	6 Weeks	5 Weeks	2 Weeks
TEACHER	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	Diversity festival, International Day and Olympic Day prep.
	RUGBY	CLUB ENERGY	TABLE TENNIS	CLUB ENERGY	WATER POLO	VOLLEYBALL	
	WORLD SPORTS	FOOTBALL (Boys)	MIXED NETBALL	FOOTBALL	ROUNDERS	SOFTBALL	
INDUCTION	GIRLS NETBALL (Compulsory for GCSE pupils if taking Netball as practical option)	ZUMBA	GIRLS RUGBY	DANCE (Compulsory for GCSE pupils if taking Dance as practical option)	GCSE PE Pupils ONLY - ATHLETICS	ROUNDERS	
	BADMINTON	GCSE PE Pupils ONLY - BADMINTON	BOXING	DODGEBALL	CHEERLEADING	DANCE	

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	7 Weeks	6 Weeks	5 Weeks	5 Weeks	6 Weeks	5 Weeks	2 Weeks
TEACHER	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	
	CLUB ENERGY	CLUB ENERGY	TABLE TENNIS	CLUB ENERGY	SOFTBALL	STUDY LEAVE	Diversity festival, International Day and Olympic Day prep.
	WORLD SPORTS	FOOTBALL (Boys Only)	GIRLS ONLY CONDITIONING	FOOTBALL	ROUNDERS 1	STUDY LEAVE	
	GIRLS ONLY NETBALL 2	ZUMBA	MIXED NETBALL	DANCE (Compulsory for GCSE pupils if taking Dance as practical option)	ROUNDERS 2	STUDY LEAVE	
	GIRLS ONLY NETBALL (Compulsory for GCSE pupils if taking Netball as practical option)	WATER POLO	FOOTBALL	BOXING	ROUNDERS 3	STUDY LEAVE	
	BASKETBALL	GCSE PE Pupils ONLY- BADMINTON	BOXING	DODGEBALL	CLUB ENERGY	STUDY LEAVE	
INDUCTION							

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	7 Weeks	6 Weeks	5 Weeks	5 Weeks	6 Weeks	5 Weeks	2 Weeks
TEACHER	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	ACTIVITY	Diversity festival, International Day and Olympic Day prep.
	CLUB ENERGY	CLUB ENERGY	TABLE TENNIS	CLUB ENERGY	SOFTBALL	STUDY LEAVE	
	WORLD SPORTS	FOOTBALL (Boys Only)	MIXED NETBALL	FOOTBALL	ROUNDERS 2	STUDY LEAVE	
	GIRLS ONLY NETBALL (Compulsory for GCSE pupils if taking Netball as practical option)	ZUMBA	FOOTBALL	DANCE (Compulsory for GCSE pupils if taking Dance as practical option)	ROUNDERS 1	STUDY LEAVE	
	BASKETBALL	GCSE PE Pupils ONLY- BADMINTON	BOXING	DODGEBALL	CLUB ENERGY	STUDY LEAVE	
	INDUCTION						