



Dear Parents/Carer,

**Year 9 PSHE and Citizenship Education:
Intimate Relationships (September to December 2024).**

In PSHE and Citizenship, Year 9 students have been focusing on Intimate Relationships, within the theme of Personal and Social Relationships. As detailed in the curriculum outline on the school website, this explores the realities of intimate relationships, particularly focusing on the importance of consent, making sense of relationships, contraception, unplanned pregnancy, sexual health and the portrayal of sex in the media.

In the first half term, sessions have focused on relationships, health and wellbeing, all of which are statutory. During the next half term, the sessions include sexual health and contraception, which we deem more exclusively sex education, while obviously still related to relationships and health.

Students will have the opportunity in the coming weeks to observe or, if they wish, participate in practical demonstrations with our plastic models and condoms. There is no pressure on students to actively participate- the sessions open up really valuable conversations around consent, readiness for intimacy and personal safety regardless. Please see our PSHE newsletter for useful links to aid any further discussions you may wish to have at home.

If your child has a latex allergy, but still wants to participate, they should remind their teacher in class as we have latex-free condoms available for demonstrations. All students will be given wipes and hand gel to clean both the models and their hands.

For any further information, please contact the school office who will pass your enquiry to myself and Assistant Headteacher and DSL, Mr L. Wilson.

Your faithfully,

Kate Wakelin

Mrs K Wakelin (*she/her*)
Area Leader: PSHE & Citizenship
Teacher of Ethics, Philosophy & Religion