

# **Local and National Support for Domestic Violence and Abuse**

January 2018

Police: In case of immediate danger

Non-emergency (ask for the Police Safeguarding Unit)

101

# **Police Safeguarding Unit**

0113 385 9590

To talk in confidence to officers who can provide support and practical assistance in cases of domestic abuse.

www.leeds.safeguarding@westyorkshire.pnn.police.uk

The Sanctuary Scheme is administered by West Yorkshire Police.

Its aim is to prevent homelessness, by offering additional security measures for some people living in fear of crime, including domestic violence.

It is only suitable for victims who no longer live with the perpetrator.

Telephone 101 and ask for Police Safeguarding Unit

# **Fire Safety Measures**

If you are under threat of arson, you can access fire safety measures via the police on 101.

# Local support

# **Leeds Domestic Violence 24 Hour Helpline**

0113 246 0401

Confidential advice and support for women and men experiencing domestic violence and abuse. Women seeking refuge accommodation should also ring this number.

# **Leeds Domestic Violence Service (LDVS)**

LDVS is delivered in partnership by the following domestic abuse providers; Leeds Women's Aid, HALT and Behind Closed Doors. It works with women and men in Leeds giving support, advice and advocacy around a range of issues. LDVS offers Independent Domestic Violence Advisors (IDVA), outreach, resettlement and group support.

The individual services are listed overleaf.













Aiming to ensure people affected by domestic violence and abuse are safe and feel safe

### Leeds Women's Aid

# Offers 24 hour safe emergency accommodation for both women and men fleeing an abusive relationship.

0113 246 0401

In addition to the LDVS contracted delivery, Leeds Women's Aid provides drop-in support at health settings across the city, additional shared refuge accommodation, the Staying Safe group 'Healthy Relationships' programme, and support and accommodation for women who have been trafficked.

# www.leedswomensaid.co.uk

# **HALT (Help, Advice and the Law Team)**

0113 246 0401

HALT delivers the Independent Domestic Violence Advisors (IDVA) service as part of LDVS, offering advocacy, advice and support to those at the highest risk of domestic and sexual violence and abuse, stalking, forced marriage and honour based violence.

Referrals: 0113 246 0401 Professionals: 0113 244 2578

www.halt.org.uk

### **Behind Closed Doors**

Behind Closed Doors delivers the LDVS Outreach service, offering face-to-face community based support and advocacy to reduce risk, increase safety, access civil legal help and manage practical needs. The Prevention and Recovery Service (PARS) is community based support for lower risk and after abuse recovery.

LDVS Outreach Team referrals	0113 246 0401
Prevention and Recovery Service	0113 222 4562
Professional and general enquiries	0113 2224202
www.behind-closed-doors.org.uk	

### **Leeds Housing Options**

0113 222 4412

Help and advice on housing, including emergency accommodation for women and men experiencing violence, whether council or private tenants or owner-occupiers.

# **Leeds Social Services – Leeds City Council**

Adult Social Care	0113 222 4401
Children's Social Work Service	0113 222 4403

# Leeds City Council Emergency Accommodation and Support 0113 240 9536 out of office hours

Samaritans	116 123 or
	0113 245 6789

Just having someone to talk to that isn't family or friends can be a tremendous help. You don't have to be suicidal to get in touch. www.samaritans.org

# For High Risk Domestic Violence Cases

### Leeds MARACs

MARAC Co-ordinator and general enquiries leedsmarac@westyorkshire.pnn.police.uk

#### For women

Basis Sexwork Project (part of Basis Yorkshire – formerly Genesis Leeds) 0113 243 0036
Basis Sex Work Project provides information, safety and support for women working in the sex industry and living or working in Leeds. They provide non-judgemental, free and confidential health and welfare support services for sex workers, based on each person's individual support needs <a href="https://www.basisyorkshire.org.uk/sexworkproject">Www.basisyorkshire.org.uk/sexworkproject</a>

Joanna Project 0113 350 8071

Joanna Project works with women who are trapped by life controlling adictions and street sex work. We aim to journey with women, offering holistic support to move towards safe, whole lives.

## **Women's Health Matters**

0113 276 2851

Women's Health Matters uses a community development approach to build women's skills and confidence. They run groups for women who have experienced domestic violence and abuse.

www.womenshealthmatters.org.uk

www.womensneammatters.org.ur

## Women's Lives Leeds

This is an online directory for Women and Girls to find out information that will enable them to access the support and services they may need. The website has been designed by women and girls across Leeds.

www.womenslivesleeds.org.uk

# **Together Women Project**

0113 380 8900

Together Women's Project (TWP) provides support for women with multiple and complex needs, disadvantage and exclusion. TWP can help women make positive changes by providing the support and advice that they need. TWP's women centres help women deal with a range of issues through access to a one stop shop of support services. All TWP centres are women only environments which are safe and nurturing spaces. TWP provide practical and emotional support and access to personal development groups for female victims and perpetrators of domestic abuse.

www.togetherwomen.org/centres/leeds

# **Black Health Initiative**

0113 307 0300

Support for women regarding Female Genital Mutilation. www.blackhealthinitiative.org

Ruth for Women 0113 808 7480

Ruth for Women is a voluntary organisation which will support women In reporting domestic violence to the police, during the legal process and provide aftercare. The give talks and raise awareness of domestic violence in particular for African and BME Communities. They also raise awareness of FGM <a href="mailto:ruthforwomen@gmail.com">ruthforwomen@gmail.com</a>

### **Shantona Women's Centre**

0113 249 7120

Support women and children mainly from BME and South Asian community to build resilience against Domestic Violence and abuse. We offer range of cultural sensitive services from face to face support for women and children to parenting and confidence building programs to support DV victims to deal with the impact of DV. We also deliver DV awareness workshops at schools, in the

community and to professionals with the aim to raise DV awareness in the hope to prevent further DV cases.

For a referral form please e-mail: <a href="mailto:admin@shantona.co.uk">admin@shantona.co.uk</a> www.shantona.co.uk

For men

# **Leeds Domestic Violence Services for Men (male victims)**

0113 246 0401

# Caring Dads 0113 395 1377

Group work programme for men who have been abusive to women/children.

For more information email: <a href="mailto:caringdadsinfo@leeds.gov.uk">caringdadsinfo@leeds.gov.uk</a>

For sexual violence

# **SARSVL (Support After Rape and Sexual Violence Leeds)**

www.supportafterrapeleeds.org.uk

Helpline 0808 802 3344

Confidential support for women and girls who have been affected by

Text on

sexual violence at any time in their lives. 07797 803 211

or email support@sarsvl.org.uk

# SARSVL Advocacy (Office hours)

0113 200 2030

SARSVL Advocacy Service supports women who have been affected by rape or sexual Violence at any time in their lives to empower them to be heard and have control over issues Affecting them in their lives (including the criminal justice system)

advocacy@sarsvl.org.uk

# Victim Support - West Yorkshire ISVA Service

01274 535 432

A free Independent Sexual Advisor Service (ISVA) for females and males any age. Emotional and practical support (including the criminal justice system) throughout West Yorkshire.

### **Victim Support Referral Centre**

0300 303 1871

For support for all victims of crime.

# For children and young people

**Mindmate** Help and advice for young people in Leeds www.mindmate.org.uk

# **The Family Hub Leeds**

Directory of organisations and services in Leeds for parents, carers, children and young people.

www.thefamilyhubleeds.org

Watoto 07896 165 895

A service for children and young people (0 - 19) who have experienced domestic violence.

For details of The Hideout, Childline and the NSPCC see the National Support section

# For young people at risk of sexual exploitation

# **Basis Young People's Project**

0113 243 0036

Outreach support for young women at risk of sexual exploitation, via an outreach support worker. Provides information on sexual health, housing, benefits, education, employment and all aspects of safety.

www.basisyorkshire.org.uk/youngpeoplesproject

Blast 0113 244 4209

Information and support for young men and boys abused through prostitution, or at risk, they also provide an outreach worker.

PACE 0113 240 3040

Parents Against Child Sexual Exploitation (PACE) works alongside parents and carers of children who are – or are at risk of being – sexually exploited by perpetrators external to the family.

# For adolescent to parent abuse (APA)

# PACT - Parents and children together

Partnership work between the Youth Offending Service (YOS), Signpost and Family Information Service (FIS) offering a group work programme aimed at boys aged 14 – 17 who are abusive to their female parents or carers. One-to-one support is also available for girls who are being abusive.

For a referral form, please email: yos.programmes.team@leeds.gov.uk

For more information, please email Sue Pearson: <a href="mailto:susan.pearson@leeds.gov.uk">susan.pearson@leeds.gov.uk</a>

# For alcohol and drug services

Forward Leeds 0113 887 2477

Forward Leeds replaces all previous alcohol and drug services. It is a multi-disciplinary, integrated and free service offering information, advice, signposting, treatment and support to young people and adults across Leeds, whatever their needs around substance misuse.

### For mental health services

# Improving Access to Psychological Therapies

0113 843 4388

# National Support

# Support for women experiencing domestic violence and abuse

# **National Domestic Violence 24 hour Helpline**

0808 2000 247

A national service for women experiencing domestic violence and abuse, their family, friends, colleagues and others calling on their behalf. It is run in partnership between Women's Aid and Refuge.

(please note there is a charge for calls to this number from mobile phones)

www.womensaid.org.uk

# National Jewish Women's Aid Helpline

0808 801 0500

# www.jwa.org.uk None in Three

A website support aid targeting women of Caribbean heritage www.noneinthree.org

### For women and men

### **Domestic Violence Assist**

Provides help with applying for Non –Molestation Orders, Occupancy Orders and Prohibited Steps Orders <a href="https://www.dvassist.org.uk">www.dvassist.org.uk</a>

0800 195 8699

#### **National Centre for Domestic Violence**

Provides a free, fast emergency low cost injunction service to survivors domestic violence and abuse regardless of their financial circumstances, race, gender or sexual orientation.

0844 8044 999 0800 970 2070 Text 'NCDV' to 60777

0300 303 1971

0808 802 0300

# Victim Support (Victim Care Unit)

# **Network for Surviving Stalking**

For clear advice and information about stalking behaviours, so they are recognised as early as possible, enabling those affected to seek help as soon as possible.

www.nssadvice.org

## **Forced Marriage Unit**

If you are worried you might be forced into marriage, or are worried about a friend or relative call us.

www.gov.uk/forced-marriage

0207 008 0151

# **Karma Nirvana**

Supports victims and survivors of forced marriage and honour based violence.

www.karmanirvana.org.uk

0800 5999 247

#### For men

# National Men's Advice Line – for male victims

Practical advice, information and support for male victims of abuse, their family, friends, colleagues and others calling on their behalf.

Open Monday - Friday from 9am to 5pm

www.mensadviceline.org.uk

0808 801 0327

# **Respect - National Helpline for Perpetrators**

Open Monday - Friday from 10am to 1pm and 2pm to 5pm Confidential information and advice for anyone concerned about their violence and/or abuse towards a partner or ex-partner. They offer help to perpetrators stop being violent and abusive.

www.respectphoneline.org.uk or email info@respectphoneline.org.uk

0808 802 4040

# For Lesbian, Gay Men and Bi-sexual and Transgender People

# Galop

Making life safe, just and fair for lesbian, gay, bisexual and trans people

020 7704 2040

# www.galop.org.uk

# For children and young people

### The Hideout

A website created by Women's Aid to help children and young people to understand domestic violence and abuse, and how to take positive action if it is happening to them.

www.thehideout.org.uk

Childline 0800 1111

Free, 24 hour confidential helpline for children and young people who need to talk. Trained counsellors are there to provide comfort, support and advice on any problems.

www.childline.org.uk

NSPCC 0808 810 800
A charity specialising in child protection and the prevention of cruelty to Text to 88858

charity specialising in child protection and the prevention of cruelty to children. The charity has a FREE anonymous 24/7 helpline that provides help, advice and support for adults worried about a child.

www.nspcc.org.uk or email help@nspcc.org.uk

For UK children at risk of female genital mutilation

NSPCC 24 hour Helpline for advice or support

To report anonymously fgmhelp@nspcc.org.uk

0800 028 3550