



16th September 2020

Dear Parents and Carers

PSHE and Citizenship Education Programme (Years 7-11)

At Prince Henry's Grammar School, we promote personal wellbeing and development throughout your child's school experience, including a comprehensive Personal, Social, Health and Economic (PSHE) and Citizenship education programme. PSHE and Citizenship is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that from September 2020, our PSHE and Citizenship provision has had a significant redesign to ensure a thorough, broad and inclusive education for all students, as well as to meet updated guidance from the Department for Education. As before, it will be taught across six calendared drop-down days in the school year, where the ordinary timetable is suspended, and students will cover sessions on a range of PSHE and Citizenship topics. From this September, each day will be structured around one of the four themes below (except for our global citizenship day, which we call "Timanyane Day", in July, which takes a slightly different format):

- Personal and Social Relationships
- Health and Well-Being
- Preparing for the Future
- Living in the Wider World

With specific themes and connected sessions, alongside the revisiting and age-appropriate development of content, your child's learning will have continuity and meaning that prepares them well for real life both within and beyond school. Students will also have a designated exercise book (KS3) or folder (KS4) for all PSHE and Citizenship work, across the calendared days and relevant tutor sessions.

Please visit the [PSHE and Citizenship page](#) on the school's website for an overview of the new curriculum and for ongoing updates about our revised PSHE and Citizenship provision. All PSHE and Citizenship teaching will take place in a safe learning environment, with clear ground rules, all underpinned by our school ethos and values. For your information, the first of our six PSHE / Citizenship Days will take place on Wednesday 30th September.

Unfortunately, given the current restrictions on access to school, we are unable to arrange any parent information meetings or schedule parent consultations at present. In the meantime, please refer to the information available on the school website and if you would like to ask any specific questions or discuss any concerns, please contact the school office who can direct questions to myself or arrange for us to speak further.

Yours faithfully

Kate Wakelin
PSHE and Citizenship Co-Ordinator