



Dear Parents/Carer,

**Year 10 PSHE and Citizenship Education:
21st Century Relationship Realities (Wednesday 19th November 2025).**

On the forthcoming drop-down day for PSHE and Citizenship, Year 10 students will be focusing on 21st Century Relationship Realities, within the theme of Personal and Social Relationships. As detailed in the curriculum outline on the school website, this explores and revisits the realities of romantic and sexual relationships for young people today; sessions will include concepts of sex and gender, consent, coercion and exploitation, conducting relationships online and pornography.

The scheme of work centers on establishing healthy, consensual relationships and notably recognising what would constitute unwanted or harmful behaviours. Please note, there are two sessions that we deem more exclusively sex education, while obviously still related to relationships and health. The first of these sessions focuses on intimacy and pleasure, with discussions surrounding readiness for intimacy and enthusiastic consent; the second concerns the problematic impact of pornography on real relationships, challenging inaccurate messages about sexual intercourse and the legality of sharing of explicit images.

As ever, there is no pressure on students to actively participate in discussions they are not comfortable with, but our PSHE classes are set up as safe and inclusive spaces for listening and learning nonetheless. In letting you know in advance, it is hoped this aids any conversations you may wish to have at home.

If you would like more information, please contact the school office who will pass your enquiry to myself and Assistant Headteacher and DSL, Mr L. Wilson.

Your faithfully,

Kate Wakelin

Mrs K Wakelin (*she/her*)
Area Leader: PSHE & Citizenship
Teacher of Ethics, Philosophy & Religion