



Dear Parents/Carer,

**Year 9 PSHE and Citizenship Education:
Intimate Relationships (September- December 2026)**

In PSHE and Citizenship Education this term, Year 9 students will be studying a scheme of learning entitled 'Intimate Relationships', within the theme of Personal and Social Relationships. This explores the realities of intimate relationships, particularly focusing on the importance of consent, making sense of relationships, contraception, intimate and sexual health and the managing of relationship break ups.

The scheme of learning encourages the recognition of what healthy, consensual relationships look like and how this connects to the importance of consent. Two of the lessons pertain to intimate health, with reference to the sexual transmission of some infections. These are all part of the statutory relationships and health education.

Please note, there are also lessons that we deem more exclusively sex education, while obviously still related to relationships and health. One lesson discusses different contraceptive options, including the opportunity to observe or, if they wish, participate in demonstrational activities with our plastic models and condoms. Another lesson from the British Board of Film Classification may include discussions surrounding the age ratings and classifications of film and programming containing romance, sex and nudity. As ever in PSHE, there is no pressure on students to actively participate in anything they are uncomfortable with; the lessons open up really valuable conversations around consent, readiness for intimacy and personal safety regardless.

If you would like more information, please contact the school office who will pass your enquiry to myself and Assistant Headteacher and DSL, Mr L. Wilson.

Your faithfully,

Mrs K Wakelin (*she/her*)
Area Leader: PSHE & Citizenship
Teacher of Ethics, Philosophy & Religion