KS4 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

PARTICIPATION / LEADERSHIP AND APPLICATION OF SKILLS FROM KS3 TO DEVELOP LIFELONG PARTICIPATION

YEAR 10 (X)

FIRST LESSON INDUCTION

Half term 1		Half Term 2	Half Term 3	Half Term 4		Half Term 5	Half Term 6	
8 Weeks	Interform (Comp Boys Touch rugby/girls football, rec badminton/free swim)	7 Weeks	6 Weeks	6 Weeks	Interform (Comp Girls Netball, boys football, rec table tennis /free swim)	5 Weeks	4 Weeks	3 Weeks
ACTIVITY/ TEACHER		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	Olympic Day prep
TABLE TENNIS (30) (Main Hall) *(Open to all)*		**BODY PUMP (36) (PE2)** (Girls only)	**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**FUN SWIM/WALK (30) (Pool)** *(open to all)*		**ROUNDERS (36) (Fields)** *(Competitive Girls)*	**ROUNDERS (36) (Fields)** *(Recreational Boys)*	
NETBALL (28) (Sports Hall/ Courts) *(Competitive Girls)*		**DODGEBALL (24) (Gym)** *(Recreational Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	**WORLD SPORTS (24) (Various)** *(Recreational Boys)*		**ZUMBA (36) (Gym)** (Recreational)	**ROUNDERS (36) (Fields)** *(Recreational Girls)*	
PERSONAL TRAINING (24) (PE2) *(New Activity)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	**BASKETBALL (24) (S/Hall)** *(Competitive Boys)*		**DODGEBALL (24) (Courts)** *(Recreational)*	**VOLLEYBALL (28) (Sports Hall/Field)** *(Competitive Boys)*	
RUGBY (36) (3G) *(Competitive Boys)*		**BADMINTON (24) (S/Hall)** *(Recreational Girls)*	**BOXING (24) (Off Site)** *(New Activity)*	**GIRLS ONLY FITNESS (24) (PE2)** *(Girls only)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	
ZUMBA (36) (Gym) (Recreational)		**FOOTBALL (36) (3G)** *(Competitive Boys)*	**BADMINTON (24) (S/Hall)** *(GCSE PE/ Comp)*	**GIRLS FOOTBALL (36) (3G)** *(Girls only)*		**SOFTBALL (36) (3G)** *(Competitive Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	

KS4 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

PARTICIPATION / LEADERSHIP AND APPLICATION OF SKILLS FROM KS3 TO DEVELOP LIFELONG PARTICIPATION

YEAR 11 (X)

FIRST LESSON INDUCTION

Half term 1		Half Term 2	Half Term 3	Half Term 4		Half Term 5	Half Term 6
8 Weeks	Interform (Comp Boys Touch rugby/girls football, rec badminton/free swim)	7 Weeks	6 Weeks	6 Weeks	Interform (Comp Girls Netball, boys football, rec table tennis /free swim)	5 Weeks	7 Weeks
ACTIVITY/ TEACHER		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*		*ACTIVITY/ TEACHER*	Study Leave
TABLE TENNIS (30) (Main Hall) *(Open to all)*		**BODY PUMP (36) (PE2)** (Girls only)	**CLUB ENERGY (36) (Off Site)** *(open to all)*	**FUN SWIM/WALK (30) (Pool)** *(open to all)*		**ROUNDERS 1 (36) (Fields)** *(Competitive Girls)*	
NETBALL (28) (Sports Hall/ Courts) *(Competitive Girls)*		**DODGEBALL (24) (Gym)** *(Recreational Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	**WORLD SPORTS (24) (Various)** *(Recreational Boys)*		**YOGA (36) (Gym)** *(Open to all)*	
PERSONAL TRAINING (24) (PE2) *(New Activity)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	**BASKETBALL (24) (S/Hall)** *(Competitive Boys)*		**ROUNDERS 2 (36) (Fields)** *(Recreational Boys)*	
RUGBY (36) (3G) *(Competitive Boys)*		**BADMINTON (24) (S/Hall)** *(Recreational Girls)*	**BOXING (24) (Off Site)** *(open to all)*	**GIRLS ONLY FITNESS (24) (PE2)** *(Girls only)*		**SOFTBALL (36) (3G)** *(Competitive Boys)*	
ZUMBA (36) (Gym) (Recreational)		**FOOTBALL (36) (3G)** *(Competitive Boys)*	**BADMINTON (24) (S/Hall)** *(GCSE PE/ Comp)*	**GIRLS FOOTBALL (36) (3G)** *(Girls only)*		**WALKING (20) (Off Site)** *(New Activity)*	

KS4 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

PARTICIPATION / LEADERSHIP AND APPLICATION OF SKILLS FROM KS3 TO DEVELOP LIFELONG PARTICIPATION

YEAR 10 (Y)

FIRST LESSON INDUCTION

Half term 1		Half Term 2	Half Term 3	Half Term 4		Half Term 5	Half Term 6	
8 Weeks	Interform (Comp Boys Touch rugby/girls football, rec badminton/free swim)	7 Weeks	6 Weeks	6 Weeks	Interform (Comp Girls Netball, boys football, rec table tennis /free swim)	5 Weeks	4 Weeks	3 Weeks
ACTIVITY/ TEACHER		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	Olympic Day prep
TABLE TENNIS (30) (Main Hall) *(Open to all)*		**BODY PUMP (36) (PE2)** (Girls only)	**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**FUN SWIM/WALK (30) (Pool)** *(open to all)*		**ROUNDERS (36) (Fields)** *(Competitive Girls)*	**ROUNDERS (36) (Fields)** *(Recreational Boys)*	
NETBALL (28) (Sports Hall/ Courts) *(Competitive Girls)*		**DODGEBALL (24) (Gym)** *(Recreational Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	**WORLD SPORTS (24) (Various)** *(Recreational Boys)*		**ZUMBA (36) (Gym)** (Recreational)	**ROUNDERS (36) (Fields)** *(Recreational Girls)*	
PERSONAL TRAINING (24) (PE2) *(New Activity)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	**BASKETBALL (24) (S/Hall)** *(Competitive Boys)*		**DODGEBALL (24) (Courts)** *(Recreational)*	**VOLLEYBALL (28) (Sports Hall/Field)** *(Competitive Boys)*	
RUGBY (36) (3G) *(Competitive Boys)*		**BADMINTON (24) (S/Hall)** *(Recreational Girls)*	**BOXING (24) (Off Site)** *(New Activity)*	**GIRLS ONLY FITNESS (24) (PE2)** *(Girls only)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	
ZUMBA (36) (Gym) (Recreational)		**FOOTBALL (36) (3G)** *(Competitive Boys)*	**BADMINTON (24) (S/Hall)** *(GCSE PE/ Comp)*	**GIRLS FOOTBALL (36) (3G)** *(Girls only)*		**SOFTBALL (36) (3G)** *(Competitive Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	

KS4 PROGRAMME OF STUDY IN PHYSICAL EDUCATION

PARTICIPATION / LEADERSHIP AND APPLICATION OF SKILLS FROM KS3 TO DEVELOP LIFELONG PARTICIPATION

YEAR 11 (Y)

FIRST LESSON INDUCTION

Half term 1		Half Term 2	Half Term 3	Half Term 4		Half Term 5	Half Term 6
8 Weeks	Interform (Comp Boys Touch rugby/girls football, rec badminton/free swim)	7 Weeks	6 Weeks	6 Weeks	Interform (Comp Girls Netball, boys football, rec table tennis /free swim)	5 Weeks	7 Weeks
ACTIVITY/ TEACHER		*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*	*ACTIVITY/ TEACHER*		*ACTIVITY/ TEACHER*	Study Leave
TABLE TENNIS (30) (Main Hall) *(Open to all)*		**BODY PUMP (36) (PE2)** (Girls only)	**CLUB ENERGY (36) (Off Site)** *(open to all)*	**FUN SWIM/WALK (30) (Pool)** *(open to all)*		**ROUNDERS 1 (36) (Fields)** *(Competitive Girls)*	
NETBALL (28) (Sports Hall/ Courts) *(Competitive Girls)*		**DODGEBALL (24) (Gym)** *(Recreational Boys)*	**PERSONAL TRAINING (24) (PE2)** *(New Activity)*	**WORLD SPORTS (24) (Various)** *(Recreational Boys)*		**YOGA (36) (Gym)** *(Open to all)*	
PERSONAL TRAINING (24) (PE2) *(New Activity)*		**CLUB ENERGY (36) (Off Site)** *(New Activity)*	**YOGA (36) (Gym)** *(Open to all)*	**BASKETBALL (24) (S/Hall)** *(Competitive Boys)*		**ROUNDERS 2 (36) (Fields)** *(Recreational Boys)*	
RUGBY (36) (3G) *(Competitive Boys)*		**BADMINTON (24) (S/Hall)** *(Recreational Girls)*	**BOXING (24) (Off Site)** *(open to all)*	**GIRLS ONLY FITNESS (24) (PE2)** *(Girls only)*		**SOFTBALL (36) (3G)** *(Competitive Boys)*	
ZUMBA (36) (Gym) (Recreational)		**FOOTBALL (36) (3G)** *(Competitive Boys)*	**BADMINTON (24) (S/Hall)** *(GCSE PE/ Comp)*	**GIRLS FOOTBALL (36) (3G)** *(Girls only)*		**WALKING (20) (Off Site)** *(New Activity)*	